



**MHSF**

METHODIST HEALTH SYSTEM  
FOUNDATION, INC.

2018-2019 ANNUAL REPORT



A celebratory logo for a 15th anniversary. The number '15' is rendered in a large, bold, gold-colored serif font with a slight 3D effect. It is surrounded by several gold stars of varying sizes. The entire design is enclosed within a circular gold border. The background is a vibrant green with a pattern of small, white, star-like speckles. Below the '15', the words 'YEAR' and 'ANNIVERSARY' are written in a gold, sans-serif font, separated by horizontal lines.

15

YEAR

ANNIVERSARY



## Message to the Community

Methodist Health System Foundation (MHSF) strives to help produce self-sustaining individuals and communities. Our work, through the operations of our school-based health centers and grant funding of healthcare initiatives, is wholly focused on furthering this vision.

Accordingly, we are excited to share a summary of MHSF's contributions over the past year as we highlight the progress and success of our partners throughout the community. Their work is remarkable, inspiring and impactful. Increasing the scope of our collaborative efforts expands MHSF's ability to address complex healthcare challenges in more innovative ways.

We are particularly proud of our school-based health services in St. Bernard Parish as they continue to expand. Through a strong, committed partnership with school leaders, the St. Bernard Parish Public School System and Nunez Community College, we served over 2,600 patients with 10,669 visits last year. Responding to demand, we are increasing behavioral health services to meet the broad needs of the targeted population and continue our tradition of easily accessible, quality healthcare services.

In celebrating 15 years, MHSF remains committed to the people we serve. Your continued support and prayers encourage our work and provide a catalyst for improving our community's health and well-being.

Sincerest regards,

Patrick M. Gibbs  
Chairman

Wendy M. Beron  
President





## OUR VISION

MHSF envisions healthy, self-sustaining, individuals and communities

## OUR MISSION

To support and develop health-related programs and access to services that benefit the citizens of East New Orleans and beyond

## OUR VALUES

- M** - Methodist Christian Legacy
- H** - Honesty to Ourselves and Others
- S** - Service to Improve the Health of Our Community
- F** - Family of Employees and Our Partners
- I** - In Perpetuity through Prudent Stewardship of Financial Assets

## Our Board Members

Mr. Patrick M. Gibbs, *Chairman*  
Dr. Patrick E. Mottram, *Vice Chairman*  
Mr. Donald E. Pate, *Treasurer*  
Ms. Judy S. Dawson, *Secretary*  
Ms. Wendy M. Beron, *President*  
Mr. Cameron B. Barr  
Ms. Natalie B. Cohen  
Ms. Marian L. Eggerton  
Ms. Mary B. Giraud  
Dr. Joseph A. Labat  
Ms. Paula R. Singleton  
Mr. Larry D. Wink, Sr.  
Mr. Frederick C. Young, Jr.

## Our Staff

Ms. Wendy M. Beron, *President*  
Ms. Dana B. Biagas, *Medical Assistant*  
Ms. Ann Clayton Chamberlain, *VP, Program Management*  
Ms. Pam B. Cutlip, *Executive Office Liaison*  
Ms. Audra C. Degan, *Nurse Practitioner*  
Ms. Giselle C. Diecidue, *Office Administrator*  
Ms. Kaytlyn C. Gillis, *Social Worker*  
Ms. Katherine S. Grieshaber, *Social Worker*  
Ms. Barbara N. Henderson, *Accountant*  
Ms. Pattie B. Jarrell, *Nurse Practitioner*  
Ms. Mae C. Juan, *Registered Nurse*  
Mr. Steve E. Juan, *Registered Nurse*  
Ms. Cheryl C. Landry, *Medical Billing Specialist*  
Dr. Glenda G. London, *Nurse Practitioner*  
Ms. Leslie G. Mathews, *Center Coordinator*  
Ms. Bonnie L. Miller, *Director of Community Relations*  
Dr. Patrick E. Mottram, *Medical Director*  
Mr. Paul R. Page, Jr., *VP, Finance*  
Ms. Carol F. Roger, *Center Coordinator*  
Dr. Heather L. Surcouf, *Director of Health Center Services*  
Ms. Jamesalina M. Tyus, *Social Worker*





## Retiring Board Chairman Patrick M. Gibbs

Patrick M. Gibbs, a native of New Orleans, has served on the Board of Methodist Health System Foundation for 23 years. In his time on the Board, he has served as Treasurer, Investment Committee Chair, Vice-Chair and, for the last four years, as Board Chairman.

Pat has 40+ years of experience as a senior executive with the University of New Orleans and Louisiana State University System and served as President of the University of New Orleans family of related foundations for ten years. He is currently a principal at GKB Consulting and has advised academic institutions and foundations on organizational, strategic and financial management issues. Pat has been a frequent lecturer and speaker for organizations and colleges on a variety of topics including capital financing, disaster management and privatized housing. He has been a faculty member at the annual College Business Management Institute at the University of Kentucky for the past sixteen years.

Pat has served on the Boards of several civic and nonprofit organizations and a local financial institution. He is proud of his community involvement and work with other civic-minded citizens. His financial acumen, budget management and operational planning and oversight have benefited MHSF and the previous PMMH Board which Pat joined in 1996.

Growing up as a “gym rat” in Gentilly led him to bowling at a highly competitive level, as well as baseball, golf and other sports. Perhaps it was his first job as a paperboy that inspired his keen head for business. He graduated from St. Aloysius High School and received a degree in Economics from the University of New Orleans. Pat is a Certified Public Accountant and earned his Master’s in Business Administration from the University of Guam. He is a U.S. Air Force veteran and served in Guam and Korea.

He and his wife, Ann, have two daughters, Stephanie and Kimberly, and seven grandchildren. All of us thank Pat for his leadership and wish him healthy, happy and adventurous days ahead.

*“Thank you, Pat, for bringing your leadership, your financial skills, your good humor and your friendship to us. We honor you along with those visionaries, who acted upon a real need and built organizations and services for the betterment of the community.”*

*Gratefully,  
Marian Eggerton  
MHSF Board Member, Past Board Chair*

*“I have been associated with many non-profit organizations and public and private boards. My favorite thing about the MHSF family is their focus on our purpose without any thought of personal glory or agendas. I do not think that anyone associated with MHSF believes that he or she is more important than the Foundation and its cause. That is what makes MHSF such an effective organization.”*

*Patrick Gibbs*



## Empowering Communities

*Al Copeland Foundation • Barrans Bears • Bridge House/Grace House • Bright School Preschool for the Hearing Impaired • CASA NEW ORLEANS • Chalmette High School Alumni Association • Children's Bureau of New Orleans • Communities in Schools New Orleans • COVENANT HOUSE NEW ORLEANS • CRESCENTCARE • DAUGHTERS OF CHARITY SERVICES OF NEW ORLEANS • Delivering Hope Nola • Elaine P Nunez Community College Foundation • Family Service of Greater New Orleans • First Grace Community Alliance • First United Methodist Church of Slidell • Friends of City Park • GIVING HOPE • GNOIN • Grace at the Green Light • Health & Education Alliance of Louisiana • Hotel Hope • Junior League of New Orleans • Kingsley House • LCMC • LIBERTY'S KITCHEN • Live Oak Wilderness Camp • Louisiana Center for Children's Rights • Love in Action • New Orleans Area Habitat for Humanity • NEW ORLEANS POLICE AND JUSTICE FOUNDATION • New Schools for New Orleans • Nonprofit Knowledge Works • Northshore Food Bank • OCHSNER CLINIC FOUNDATION • Odyssey House Louisiana • Operation Restoration • Poydras Home • Project Lazarus • Reaching for the Stars Foundation • Renew-Reinventing Education • SECOND HARVEST FOOD BANK • Sisters of the Holy Family Motherhouse & Novitiate • Slidell Memorial Hospital Foundation • SON OF A SAINT • St Bernard Parish School Board Employees Lions Club • St Tammany Project Christmas • ST THOMAS COMMUNITY HEALTH CENTER • Start the Adventure in Reading • The Blood Center for Southeast Louisiana • Via Link • Volunteers of America Greater New Orleans • Xavier University of Louisiana • YOUTH EMPOWERMENT PROJECT*

**Transforming Lives**

# g r a n t s

## Why we grant

- Improve the physical, emotional and mental health status of the community
- Increase access to healthcare
- Promote healthy lifestyles and disease prevention
- Assist in the recovery and reestablishment of healthcare services in New Orleans
- Provide MHSF staff assistance to other nonprofit entities in areas of our internal expertise

## How we grant

- **Strategic Grants** - MHSF provides funding to healthcare programs/projects of nonprofit 501(c)(3) organizations that serve our mission and strategic programmatic goals.

We engage in discussions with organizations that meet our strategic focus. MHSF does not accept unsolicited general applications.

- **Community Donations** - We provide small support grants to nonprofit, 501(c)(3) organizations in the four (4) parish region of Orleans, St. Bernard, St. Tammany and Jefferson. These donations may be in the form of sponsorships or discretionary donations for organizations, programs or events.



A U.S. Attorney contacted Covenant House New Orleans last summer looking for a sanctuary for a 13-year-old girl who was scheduled to testify in an upcoming murder trial. Covenant House New Orleans has the only program that would take in someone that young.

By the age of 13, Elena had experienced more horror than most do in their entire lifetime. Her mother was a drug user; her father was a gang member and convicted armed robber. By this time, she had been a 3-year victim of sex trafficking, gang violence and drug use.

She escaped from the gang and assisted the police in the murder investigation. That is when the U.S. Attorney stepped in to find help for Elena.



Upon Elena's arrival in New Orleans, she resembled a typical teenage girl on the exterior. However, it was apparent she was suffering from severe trauma. She was unable to make eye contact and was afraid to be around people. She was slow to speak and hyper-vigilant of her environment. Shari, Covenant House's lead human trafficking case manager, remained by her side for two days, even sleeping on a mattress on the chapel floor. Shari provided intensive individual counseling and trauma-informed care.

The transformation was remarkable. Elena started to participate in group wellness activities and daily individual therapy sessions. In less than two weeks, she came back to life. The Covenant House staff's love and attention rejuvenated her.

Covenant House's 24/7 Crisis Center for Physically and Sexually Abused Youth has received a 3-year grant from MHSF. This grant will help provide emergency trauma, physical and mental healthcare to 450 youth, like Elena, who enter Covenant House annually. Covenant House is the only youth shelter in the region.

Elena remains in contact with Shari and those who helped her at Covenant House. Her road to recovery will be long, but she is courageous and resilient. Thanks to God and Covenant House, she has begun to repair the damage.

Elena is a survivor! She has returned to school, is moving forward, making friends and starting a new life. Now living with her aunt, she is part of a healthy, loving family and community.

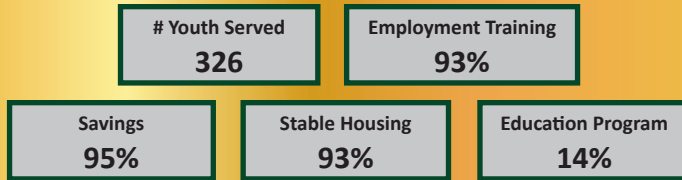


## Covenant House Alumni



# Covenant House Alumni

## Rights of Passage (ROP) Three-year Results



In his early years, Dennis had a safe and happy Midwestern home and a loving family who enjoyed spending time together until tragedy struck. Dennis’s younger sister was killed in a car accident. His once happy family was devastated and struggled to deal with the loss of a loved one. His safe family environment drastically changed, and so did he.

School for Dennis became a challenge, and he lacked the motivation needed to thrive after the loss of his sister. Sports, which was a distraction from the pressures of school, became inaccessible due to his declining grades. His life was spiraling out of control.

After getting in some trouble, Dennis was sent to Juvenile Detention. Now he says it was the best thing that ever happened to him. It was where he found his faith and positive direction. At 19, he landed at Covenant House New Orleans and earned the privilege of advancing to the Rights of Passage (ROP) program, a “University for Street Kids”.

After 14 months in ROP, Dennis moved to Covenant House’s off-site apartment program. He regularly meets with his case manager and has joined the ROP mentoring program to help newer residents. Covenant House is proud of Dennis’s hard work and recognizes his bright future ahead.

MHSF supports the much-needed Rights of Passage program and its expansion to off-site housing assistance to increase the ROP program’s success.

Dennis has learned to take ownership of his mistakes. He received the behavioral healthcare he needed, and he participated in both group wellness activities and individual therapy sessions with a social worker. He is looking toward becoming more active in his church’s youth ministry. Remaining dedicated to achieving his goals, he has worked in the hospitality industry and has moved up from dishwasher to supervisor.

Dennis is appreciative of the help he has received at Covenant House and said of his behavioral health counselor, “Ms. Corine is Golden!”





## Love In Action Outreach

In recognition of Women's History Month, Gail Womack-Murray of Love in Action Outreach (2nd from the right) received a Proclamation for 20 years of Community Service from New Orleans City Council members Kristen Palmer, Jared Brossett and Cyndi Nguyen.



## Ochsner Milk Bank



Louisiana babies are getting a good start. Sick and premature babies have significantly better outcomes when fed breast milk. For various health reasons, some mothers cannot breastfeed.

Louisiana's first Human Milk Bank at Ochsner Baptist provides life-saving nutrients to vulnerable newborns. Human milk is shown to reduce the rate of deadly intestinal infections that afflict low birth weight infants. This program accepts donations of breast milk from generous moms across Louisiana. The donor milk is pasteurized, then cultured, to ensure it is safe for babies with medical needs.

## Our Grantees In Our Community



## Liberty's Kitchen

Since 2008 Liberty's Kitchen has stood up for young people in this community. By breaking barriers and building bridges, it has graduated students and led alumni to jobs, careers and leadership.

Through a partnership with Delgado, Liberty's Kitchen participants and alumni have an opportunity to attend a college and career readiness class.

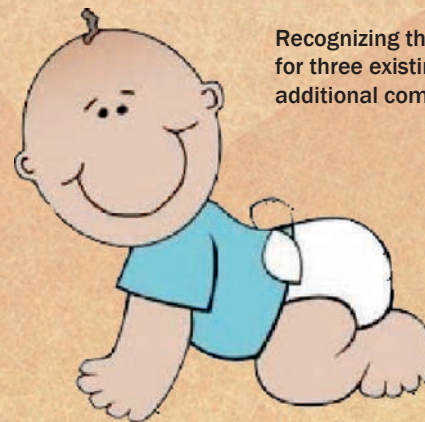


## Junior League of New Orleans Diaper Bank

Diapers are a costly necessity in childcare



Recognizing this community need, MHSF provided funding for three existing community partners and expansion to three additional community development and daycare centers.



Approximately 900,000 additional diapers will be covering little bottoms over the term of the grant.

**3,000 CHILDREN SERVED EACH MONTH**





10  
Contracts  
with  
Neonatal  
Units

14,720 oz  
Milk  
Distributed



## Greater New Orleans Immunization Network

### School Kids Immunization Program (SKIP) - Three-year Results:

- 67,000 students assessed
- 7,000 students immunized; 10,000+ immunizations
- Over 94% up-to-date immunization rate by the end of each school year
- 100% records in Louisiana immunization database (LINKS)
- 2018-2019 school year - services to 38 schools in New Orleans East, Gentilly and St. Bernard

*MHSF & GNOIN have enjoyed an 11-year partnership*



RyNae came to Camp Mariposa at YEP in 2015 when she was 11. She made friends and enjoyed hiking in the woods. Five years later, RyNae has participated in 25 Camp Mariposa camping trips. RyNae, a New Orleans native, lives in her Uptown home with her mom and four siblings. One of her family members struggles with drug addiction. She says that Camp Mariposa taught her that "I didn't cause it, I can't cure it or control it, and I can take care of myself by expressing my feelings."



Though she joined YEP through Camp Mariposa, RyNae has taken advantage of YEP's other programming as well. During the school year, she attends the after-school program to practice dance. This year she became the captain of the YEP dance team and marched in the YEP Drumline's first Mardi Gras parade. She volunteers as a junior camp counselor at YEP's six-week summer camp and has become a role model for the younger campers.

*Camp Mariposa is a national addiction prevention and mentoring program created by The Moyer Foundation in 2007. Currently, there are Camp Mariposa programs in seven states, serving 900 children ages 9-12. MHSF supports YEP's Louisiana Camp Mariposa to provide early intervention for children with family members struggling with substance abuse.*

## The Blood Center

### Lifesaver Program - Heart 2 Heart New Orleans East

#### Goals:

- Expand education and community partnerships in New Orleans East
- Increase blood donations by African American donors
- Increase first-time blood donors
- Increase number of rare blood units identified and collected

#### Results:

- 4,607 units of blood donated
- 93% from minority donors
- 2,460 first-time donors

**648 rare units of blood collected**  
(Used to treat sickle cell and other blood disorders)



## Therapeutic Food Pantry at University Medical Center (UMC)

- First Therapeutic Food Pantry in Louisiana
- UMC Cancer Patients screened for food insecurity
- Low-income, food-insecure patients offered access to an on-site food pantry with healthy, nutritious foods
- Additional wrap-around services to promote health and wellness
- Early results indicate increased energy levels and improved overall health





# School Based Health Centers



Senator Sharon Hewitt visits the School Based Health Center at Chalmette High School.

## CHALMETTE HIGH SCHOOL

MHSF introduced Chalmette High School (CHS) to the SBHC program in 2007. The services the SBHC provides have become an integral part of the health and wellbeing of CHS students. The SBHC currently operates on the Chalmette High School campus in a facility provided by St. Bernard Parish Schools, Lions Club International and W. K. Kellogg Foundation. MHSF has funded and staffed this program since its inception in a collaborative effort with the State of Louisiana's Office of Public Health's Adolescent School Health Program, Chalmette High School and the St. Bernard Parish School District. We served 1,595 students with over 7,600 visits last school year.



## HEALTHCARE HIGHLIGHT

School Based Health Centers (SBHC) see a variety of issues, from paper cuts to peptic ulcers and a whole lot in between. One such "in-between" patient was in the SBHC for a sports physical. During the exam, the clinician discovered an enlarged thyroid, 2x the average size and firmer than usual. This finding threatens the immune system and is the most common cause of thyroid conditions later in life. Blood work was done and monitored for abnormalities. Thankfully, under the watchful eye of the experienced Medical Director, Dr. Patrick Mottram, the six-month follow-up proved all irregularities had normalized. Now aware of the condition, and how to recognize and avoid a possible crisis, this young person's future is brighter.

## ELAINE P. NUNEZ COMMUNITY COLLEGE



The Nunez Health Center has a new home. The recently renovated Kane Center location allows the MHSF medical staff to serve Nunez students, faculty and staff Monday through Thursday 8 am - 4 pm.





## IN THE NEWS...

Dr. Heather Surcouf, MHSF Director of Health Center Services, recently completed Leadership St. Bernard, a leadership program designed to educate and engage citizens in identifying needs, resources and opportunities for St. Bernard Parish. The forum motivates and increases awareness of community issues and provides a network for leaders to improve their community.



## ROWLEY STUDENTS KNOW WE ARE LISTENING

MHSF has extended its School Based Health Center program beyond Chalmette High School and Nunez Community College. C. F. Rowley Alternative School (Rowley), a St. Bernard Parish Public School, offers “at-risk” students the opportunity to continue their middle or high school education in a non-traditional setting. We are now providing the services of an on-campus social worker at Rowley.



Every day is different for Rowley Social Worker Kaytee Gillis, LCSW. Some days are more challenging than others. Rowley students have a little more to handle for a variety of reasons. These students also have questions, concerns and problems like teens at any other school.

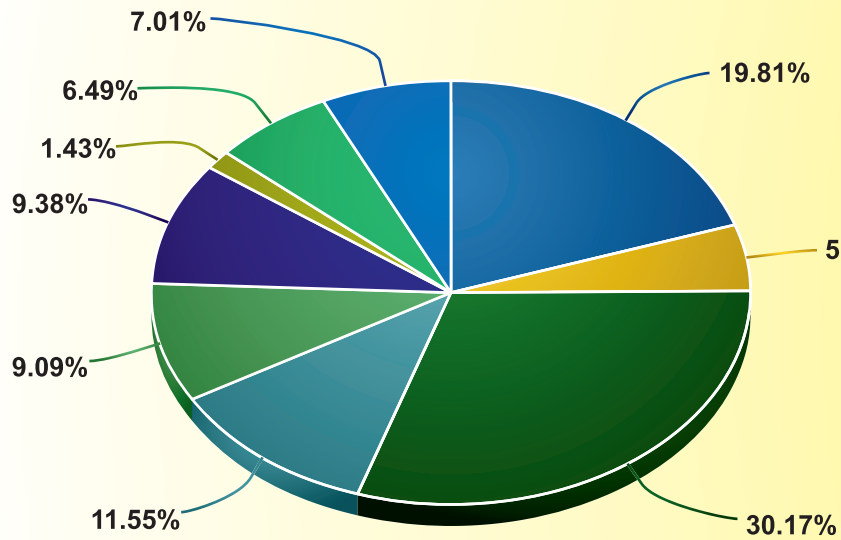
Gillis provides guidance and counseling for both individual students and groups at Rowley. Gillis notes, “They don’t fully understand the effects of unbalanced home environments. Being there to listen and offer coping skills can ease the impact of trauma and better prepare students for a more successful future.”

“I can’t believe you are here to listen to me,” is one of the first things Gillis hears when a student comes in to see her. Gillis adds, “Listening and reassuring students opens the door to working on serious concerns. Regardless of how amazing the Rowley teachers are, and how much they do for their students, they can’t be teachers and therapists too.”

MHSF is proud to partner with Rowley and the St. Bernard Parish School District to introduce this program. There were over 900 visits in the first year. The initial positive impact has led the partners to expand these behavioral health services during the 2019-2020 academic year.



# PORTFOLIO TOTAL - \$ 70.22 MILLION



## **Investment Position**

<b><u>Investment Position</u></b>	<b><u>% Total</u></b>	<b><u>Amount</u></b>
Large Cap Equities	19.81%	\$13,913,664
Small/Mid Cap Equities	5.07%	\$3,560,143
International Equities	30.17%	\$21,188,269
Alternative Investments	11.55%	\$8,114,391
Fixed Income	9.09%	\$6,380,389
World Bonds	9.38%	\$6,584,291
Money Market Funds	1.43%	\$1,004,709
Private Equity Fund	6.49%	\$4,556,154
United Methodist Trust Fund	7.01%	\$4,922,895

## **Key Financial Information**

	<b><u>FYE 2019</u></b>	<b><u>5 Year Totals</u></b>
Net Investment Income	\$4,243,610	\$13,893,653
Change in Fair Market Value of Investments	\$505,530	\$959,656
Net Operating Expenses	\$4,419,608	\$21,323,842
Increase in Net Assets	(\$455,418)	(\$5,338,867)



A large circular graphic with a dark blue center containing the number '15' in gold, 'YEARS' in gold, and 'AND COUNTING!' in white. The circle is surrounded by a green border with white stars. The background is white with green lines radiating from the center and scattered gold and white stars.

# 15 YEARS AND COUNTING!

**Methodist Health System Foundation**

360 Oak Harbor Boulevard | Slidell, Louisiana 70458

Phone: 985-726-9333 | Fax: 985-726-9996

Email: [wberon@mhsfi.org](mailto:wberon@mhsfi.org)

Visit our Website: [www.mhsfi.org](http://www.mhsfi.org)





# MHSF

METHODIST HEALTH SYSTEM  
FOUNDATION, INC.

---

360 Oak Harbor Boulevard  
Slidell, Louisiana 70458