

# MHSF

METHODIST HEALTH SYSTEM  
FOUNDATION, INC.

## Community First: A Year of Service and Impact

MHSF Annual Report 2022.2023



Dear MHSF Community,

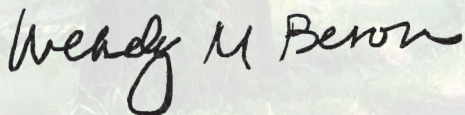
Community is the core of Methodist Health System Foundation's mission. Passionate members of the New Orleans East and Gentilly communities came together with a shared vision to build a community hospital to address and improve overall health. As a Foundation, we continue to make strategic investments by partnering with nonprofit organizations that work together to address social service gaps in the community. In addition to strategic funding, MHSF staff uses our experience and relationships to connect grantees with like-minded organizations to amplify the impact of grantees' work.

Community engagement is critical to the success of MHSF School Based Health Centers (SBHC). Spending time on campus with students and faculty allows our SBHC staff to create a trustworthy, consistent presence at both Chalmette High School and Nunez Community College. During the current school year, our SBHC team participated in several school-sponsored community events allowing staff to spend time together as a team and to inform students, parents, faculty and staff of SBHC available services. MHSF licensed mental health counselors continue to address the growing mental health needs of C.F. Rowley Alternative School students. We are incredibly proud of their work and applaud their dedication and strength in helping vulnerable members of the community.

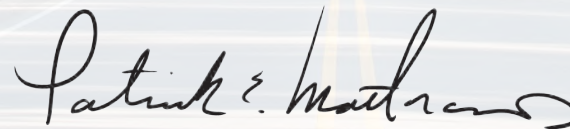
We recognize that self-care is essential to the success of our MHSF team. We are excited to introduce a new Employee Assistance Program (EAP) this year. The additional employee benefit will help support the mental health needs of our MHSF team members. The EAP offers members comprehensive mental and life health services, including 24/7 counseling assistance and personal coaching. We are also supporting seven local nonprofits with this service.

We look forward to a productive and impactful year ahead. We are grateful for your continued support.

Sincerest regards,



Wendy M. Beron, President and CEO



Patrick E. Mottram, MD, Board Chairman



# TABLE OF CONTENTS

<u>MHSF Staff and Board</u>	<u>4</u>
<u>Mission, Vision and Values</u>	<u>6</u>
<u>Grantmaking</u>	<u>10</u>
<u>Grantee Spotlight</u>	<u>12</u>
<u>Prioritizing Community Health</u>	<u>14</u>
<u>School Based Health Centers</u>	<u>16</u>
<u>2022.2023 Financials</u>	<u>23</u>

# MHSF STAFF & BOARD

## MHSF Staff

Wendy M. Beron  
Dana B. Biagas  
Ann Clayton Chamberlain  
Ailenne L. Coulon  
Audra C. Degan  
Giselle C. Diecidue  
Kaytlyn C. Gillis  
Katherine S. Grieshaber  
Michael J. Hellmers  
Barbara N. Henderson  
Mae C. Juan  
Steven E. Juan  
Cheryl C. Landry  
Glenda G. London, DNP  
Pamela H. Mason  
Leslie G. Mathews  
Patrick E. Mottram, MD  
Paul R. Page, Jr.  
Erin L. Reynaud  
Carol F. Roger  
Kevin P. Rupert  
Heather L. Surcouf, DNP  
Jefferson C. Terrill, III  
Jamesalina M. Tyus

## Board of Directors

Wendy M. Beron, President  
Patrick E. Mottram, MD, Chairman  
Donald E. Pate, Vice Chairman  
Frederick C. Young, Jr., Secretary  
Natalie B. Cohen, Treasurer  
E. Howell Crosby  
Patrick M. Gibbs  
Randi G. Jones  
Janine S. Parker, MD  
Jennifer A. Quezergue\*  
Mark C. Romig  
Paula R. Singleton  
Keith L. Winfrey, MD  
Larry D. Wink, Sr.

\*Elected at end of fiscal year 2023

## New Board Member Spotlight

### Randi G. Jones



Randi, a Slidell native, holds a Bachelor's and Master's degree from UNO. She works at Guidehouse as FEMA Operations Manager and has extensive experience in project management and disaster recovery. Randi has served on several committees and boards, including Guardians of Greenwood Cemetery and Slidell Mainstreet Committee. She joined the MHSF Board in the 2021-2022 fiscal year.

### Janine S. Parker, MD



Dr. Parker is a board-certified physician in critical disease, internal, pulmonary and sleep medicine. She was elected to the MHSF Board in the 2021-2022 fiscal year. Dr. Parker has practiced medicine for over three decades, including serving as Chief Resident at LSU Affiliated Hospitals. Currently, she serves as the Medical Director of both the Intensive Care Unit and Respiratory Care at Slidell Memorial Hospital.

### Keith L. Winfrey, MD



Dr. Winfrey is the Chief Medical Officer for NOELA Community Health Center and an Adjunct Assistant Professor of Medicine at Tulane University School of Medicine. He joined the MHSF Board in the 2021-2022 fiscal year. Dr. Winfrey is committed to serving underserved communities and has been recognized for his work in cancer screening.

## Barbara N. Henderson Bids Farewell



After 46 years of dedicated service at MHSF, Barbara Henderson has retired. Barbara started her career at Pendleton Memorial Methodist Hospital in 1975 and has been an essential member of our finance team ever since. Her expertise in financial reporting, payroll management and budget analysis has been invaluable to our organization. During Hurricane Katrina, Barbara went above and beyond to ensure that payroll was processed and our staff received their paychecks on time, despite the catastrophic circumstances. We cannot thank Barbara enough for her unwavering commitment and exceptional work over the years. Congratulations on your retirement, Barbara!

## In Memoriam: Mary B. Giraud



It is with heavy hearts that we share the news of Mary Giraud's passing this year. Mary passed away peacefully on Friday, November 11, 2022, at the age of 80. She was a valuable member of the MHSF Board for 12 years, from 2010 to 2022. Mary's unwavering dedication and strong leadership while serving on the board inspired others to give their time, energy and resources to further the mission of MHSF. She will be greatly missed by all who knew her, and her legacy will continue to inspire us in our work to improve the health and wellbeing of our community.

# MISSION,

## Our Mission

To support, develop and manage health-related programs and access to services that benefit the citizens of New Orleans East and beyond.

## Our Vision

MHSF envisions healthy, self-sustaining individuals and communities.



Spreading holiday cheer, Mike Hellmers, Erin Reynaud and Cheryl Landry from MHSF deliver Christmas gifts to St. Tammany Project Christmas.

# VISION & VALUES

## Our Values

Methodist Health System Foundation, Inc. is committed to:

Methodist Christian Legacy

Honesty to Ourselves and Others

Service to Improve the Health of Our Community

Family of Employees and Our Partners

In Perpetuity through Prudent Stewardship of Financial Assets



MHSF team member Erin Reynaud delivers bags of Halloween candy to the NOPD 7th District in support of their annual Halloween event.

## Prioritizing Employee Wellbeing: Our Commitment to Supporting the Mental and Physical Health of MHSF Employees

This year, MHSF is proud to offer the TotalCare Employee Assistance Program (EAP) as a means of supporting the mental health of our healthcare workers and employees. This free and confidential counseling service is available to all employees and their family members, reflecting our commitment to promoting overall wellbeing within our organization. Experienced counselors are available 24/7 and are well-equipped to help employees manage mental health concerns such as stress, anxiety, depression or substance abuse.

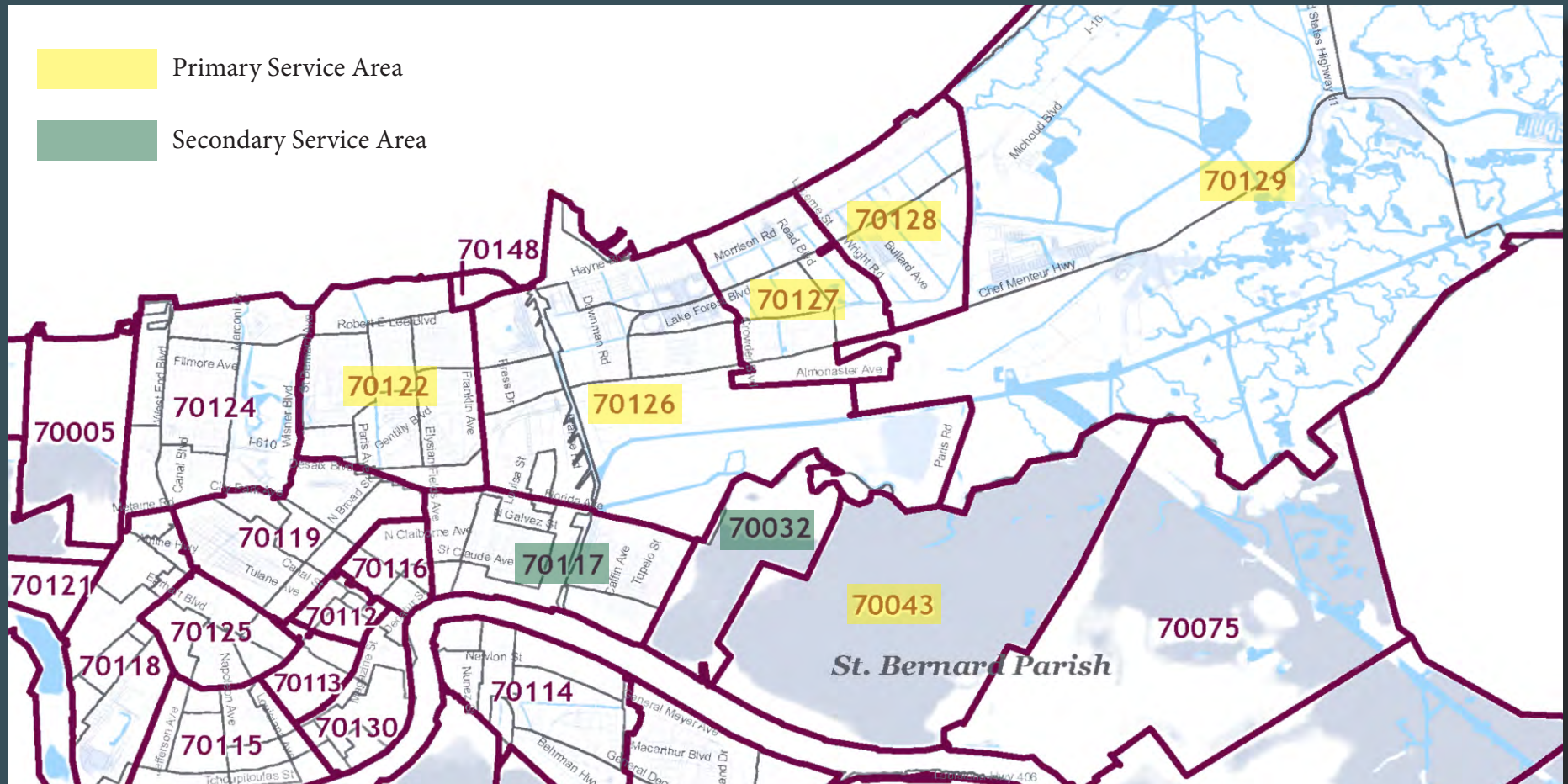
In addition to counseling services, TotalCare EAP provides online resources such as articles and videos on mental health topics, as well as support groups for employees who may be dealing with similar issues. TotalCare EAP also provides access to legal and financial resources to help employees navigate various life challenges that also fall within the scope of mental health.

We encourage all of our employees and their family members to take advantage of the resources and support available through the TotalCare EAP. By doing so, we can continue to provide the highest quality care to our patients while also supporting the mental health and wellbeing of our valued employees.





# Prioritizing Community Health



Pendleton Methodist Memorial Hospital played a crucial role in serving the healthcare needs of residents in historically underserved regions of our community, namely New Orleans East, Gentilly and St. Bernard Parish. Our ongoing collaboration with partners who serve these areas enables us to create a positive and lasting influence on the wellbeing of their residents. Our efforts are dedicated to enhancing health outcomes in these neighborhoods. While we also extend our support to programs benefiting the Greater New Orleans area, we remain particularly mindful of the hospital's designated service area, as indicated by the highlighted zip codes on the map.

# GRANTMAKING



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# Partnership Focused Grantmaking: A Path to Meaningful Impact

Focusing grantmaking efforts on building partnerships can bring about positive and significant change. By involving community members and organizations in the grantmaking process, funds can be directed in areas with the most pressing needs. This is different from a traditional top-down approach where grantmakers make decisions with limited community involvement. MHSF's partnership-based approach prioritizes collaboration and engagement with grantees and community members, resulting in more effective and sustainable solutions to complex social problems. This approach places the needs of the Greater New Orleans community at the heart of the grantmaking process.

## Grantmaking Programmatic Goals

Improve the physical, emotional and mental health status of the community, including access to healthcare, promotion of healthy lifestyles and disease prevention.

Assist programs and collaborative partnerships that address the root causes of social and economic factors that contribute to the social determinants of health (including family and social support, education, employment, community safety).

Provide grant funding of operations with specific goals, objectives and outcomes.

Provide technical assistance to nonprofits to build capacity, strengthen leadership, increase effectiveness and achieve sustainability.

## Strategic Grants

MHSF provides funding to healthcare programs/projects of nonprofit 501(c)(3) organizations that serve our mission and strategic programmatic goals. We engage in discussions with organizations that meet our strategic focus. MHSF does not accept unsolicited general applications.

## Community Donations

We provide small support grants to 501(c)(3) nonprofit organizations in the four (4) parish region of Orleans, St. Bernard, St. Tammany and Jefferson. These donations may be in the form of sponsorships or discretionary donations for organizations, programs or events.

# GRANTEE SPOTLIGHT





## The 18th Ward Sports Club

The 18th Ward Sports Club (18th Ward) brings kids from all 17 wards of the city together through its sports program. Children of all ages and skill levels can participate in various sports, including basketball, soccer and volleyball, with the goal of promoting physical activity, healthy living, social connections and teamwork.

Thanks to the MHSF grant, 18th Ward plans to expand its sports program in the next three years, serving 10,000 students and providing opportunities for building relationships with peers while developing new skills. 18th Ward will train high school students to run sports programs, provide leadership opportunities and skills, financial literacy and offer a living wage stipend. 18th Ward also engages college-age alums to pursue coaching as a possible career path.

The MHSF grant is significant in supporting the 18th Ward's growth and expansion, allowing it to serve more students and engage more young people in leadership opportunities. MHSF funding has helped The 18th Ward grow to a full-time staff of six and has leveraged our funding to attract \$250,000 unrestricted funding from Jersey Mike's Subs and a contract with the City/NORD for youth soccer programs. This year, it has expanded partnerships with Little League, Tulane Volleyball, Dillard Tennis and Brown Girls Swim.

## Unleashing the Power of Partnerships

MHSF is committed to connecting its grantees with like-minded organizations to maximize their impact in the community. By forging partnerships with other nonprofits, MHSF seeks to enhance and expand the scope of programs aimed at improving the lives of citizens in New Orleans. Through collaboration, MHSF is able to leverage the expertise and resources of its grantees and partner organizations, fostering innovative approaches to community development and strengthening the nonprofit sector as a whole.

Grantees 18th Ward Sports Club and Youth Empowerment Project have joined forces to expand their programming. The 18th Ward provides sports programming for YEP's free after school program, which is open to children ages 5 and up.



# Prioritizing Community Health



# Bastion Community of Resilience

Bastion Community for Resilience offers a supportive living environment for injured veterans and their families in a community-focused and welcoming environment. Its commitment to improving residents' emotional and physical wellbeing has yielded impressive results, with a recent study showing overwhelmingly positive outcomes such as 99% of respondents feeling safe and reporting growth. Despite the challenges of COVID-19, resilience peaked, and overall wellbeing increased while loneliness decreased.

MHSF has provided critical support through general operating dollars, enabling Bastion to implement various programs and make progress towards its long-term goal of constructing a Wellness Center. Additionally, MHSF connected Bastion with a University Medical Center Therapeutic Pantry nutritionist to support chefs with on-site nutrition education, taking into account medical dietary issues such as diabetes and other ailments.

Bastion's progress towards establishing a resident-driven system to address food insecurity among residents has been impressive. It has implemented Household Food Insecurity Access Scale to assess baseline food insecurity and periodic measurement to evaluate the effects of on-site food pantry services. The continued support from MHSF has been instrumental in helping Bastion achieve its goals and positively impact the veteran community.

{ *bastion* }  
community of resilience



# SCHOOL BASED HEALTH CENTERS







# Expanding Access and Improving Outcomes: The Promising Future of MHSF School Based Health Centers

The future of Louisiana’s School Based Health Centers (SBHCs) looks promising as SBHCs continue to expand and offer a range of comprehensive services to students. With a growing focus on mental health and community partnerships, MHSF SBHCs are particularly poised to play an increasingly important role in promoting the health and wellbeing of children and adolescents in St. Bernard Parish.

To remain at the forefront of mental health support, ongoing staff training and professional development are top priorities. We are dedicated to providing peer-to-peer counseling and other vital mental health services support to our C.F. Rowley counselors. Furthermore, we plan to expand access to mental health services at our Nunez Community College Health Center. As part of this effort, we will re-introduce the drop-in program, Wellness Wednesdays, previously available to students during the pandemic.

MHSF places a high priority on the role our SBHCs play in promoting health equity and reducing absenteeism among students. The provision of medical services by our SBHCs directly addresses the issue of access to care, ensuring that students can receive the help they need in a convenient and familiar environment. Beyond this, MHSF SBHCs work to eliminate the many barriers that can impede students’ efforts to seek help, such as transportation or scheduling conflicts.



## 2022.2023 Measurements of Success

- Over 2,400 Students Served
- 6,436 Medical Visits
- 4,408 Behavioral Visits

# Fostering Community Engagement & Wellness

Through our participation in events such as the Nunez Community College Health Center (NCCHC) Health Fair, Chalmette High School (CHS) 2022 Scheduling Expo, Dysautonomia (disorder of autonomic nervous system) Day, CHS Vision and Hearing Event, Nunez Love Your Community Event and Nunez Crawfish Boil, our SBHC team members have been actively engaged in the school community. By attending these events, our team has not only increased awareness of the MHSF SBHCs but also helped to promote wellness across both Nunez and CHS campuses. We believe that our active involvement in these events has been a key factor in the success of our SBHCs and we look forward to continuing this important work in the future.



NCCHC Nurse Practitioner, Ailenne Coulon, assists a Nunez student in registering for vaccinations during the 2022 NCCHC Health Fair.



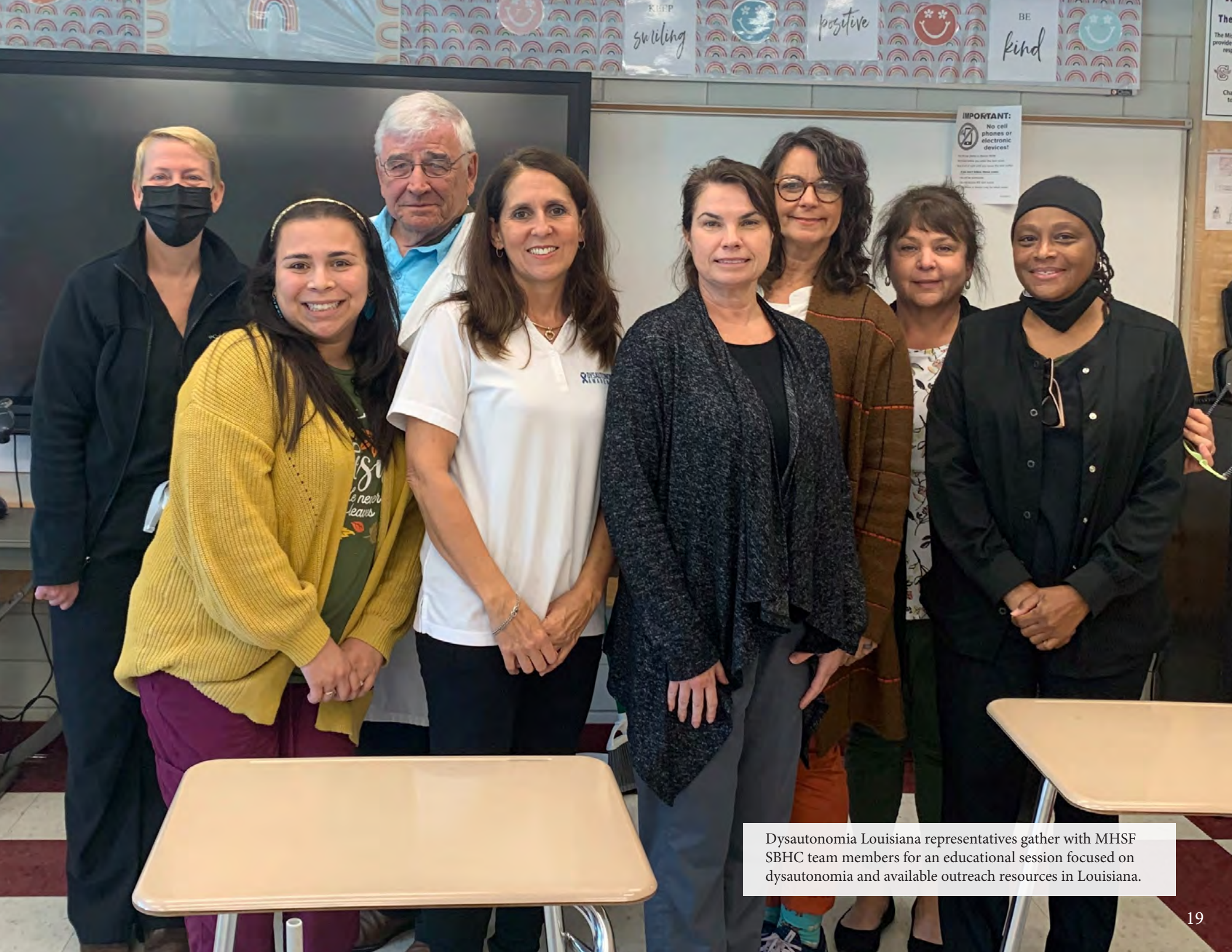
CHS SBHC Nurse Mae Juan and Center Coordinator Carol Roger participate in the Chalmette High School Scheduling Expo for current and incoming students.



The Nunez Health Center team works together in the lab.



Dr. Glenda London talks with a patient at the CHS SBHC.



Dysautonomia Louisiana representatives gather with MHSF SBHC team members for an educational session focused on dysautonomia and available outreach resources in Louisiana.

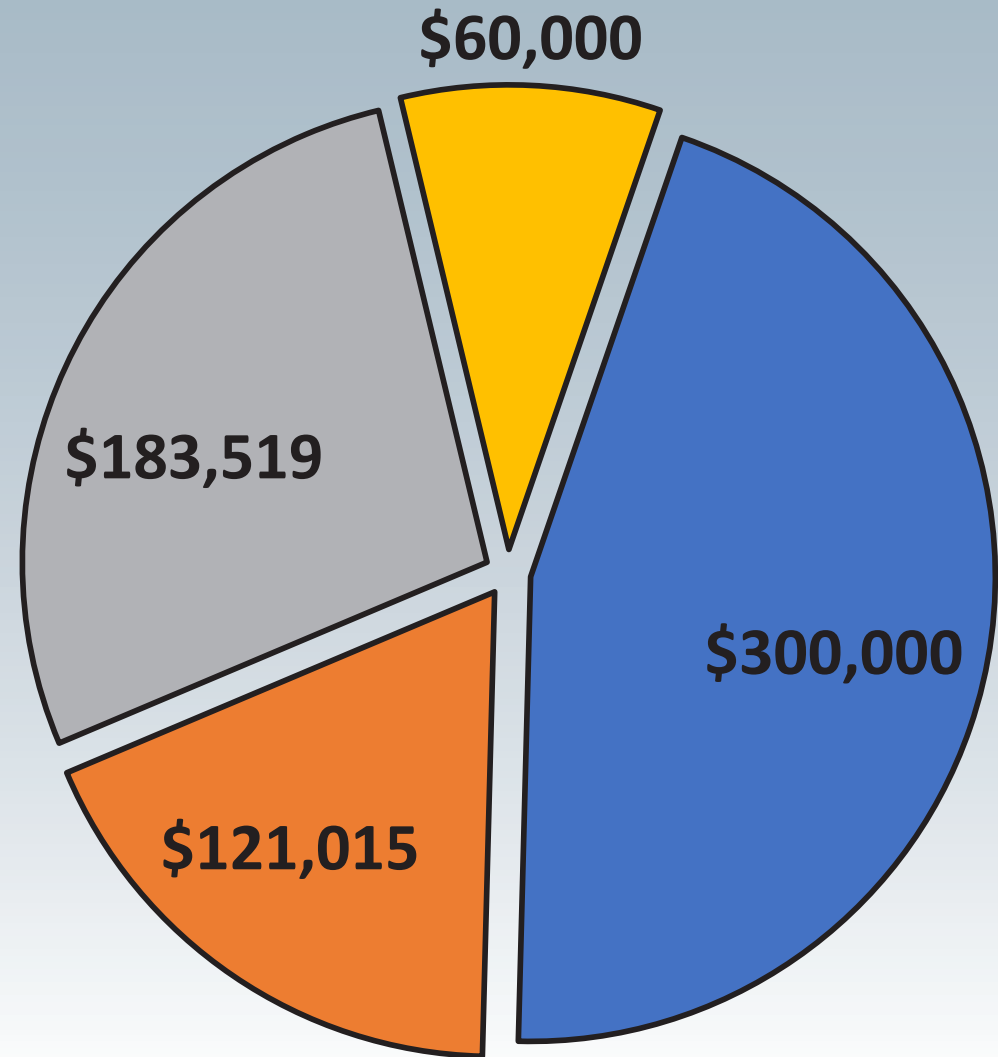
Back Row: Ann Clayton Chamberlain and Wendy Beron share a special moment with the recipients of the Dillard University School of Nursing MHSF Scholarship during a memorable end-of-year lunch.



100% of University of Holy Cross 2023 Nursing Students passed the National Council Licensing Exam on their first attempt.

# MHSF Endowed Scholarship Funds

*\$664,534 corpus*



## Six endowed scholarships at four universities:

- University of Holy Cross
- Southeastern Louisiana University
- University of New Orleans
- Xavier University of Louisiana

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## Additional scholarship funds:

- Dillard University
- LSU Health Sciences Center

■ Nursing   ■ Pharmacy   ■ Counseling   ■ Population Health



Children's Hospital celebrates the 25th anniversary of the Greater New Orleans Immunization Network.



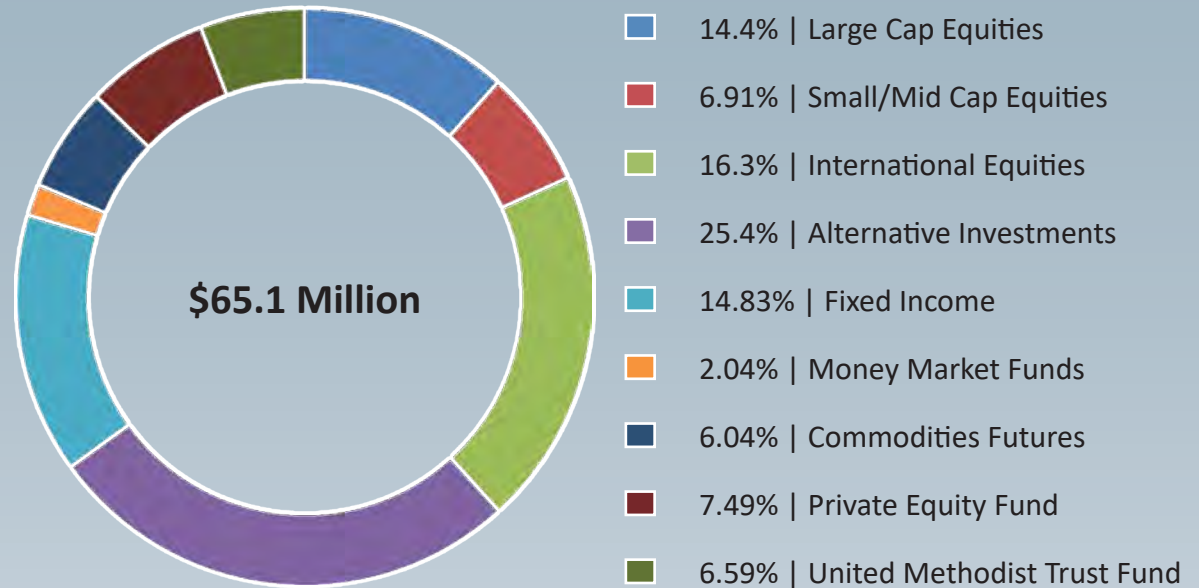
New Orleans Mission graduates



# 2022.2023 Financials

## INVESTMENT PORTFOLIO

(as of June 30, 2023)

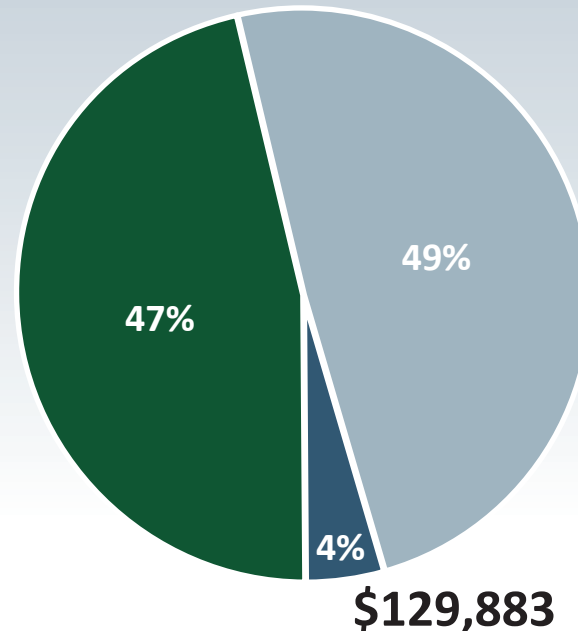


## 2022-2023 COMMUNITY INVESTMENT

**\$3.1 Million in School Based Health Centers & Grant Programs**

**\$1,440,887**

New strategic partners:  
 Bayou District Foundation  
 NOLA Coalition (United Way/GNO, Inc.)  
 Split Second Foundation



**\$1,526,089**

Chalmette High School  
 C.F. Rowley Alternative School  
 Nunez Community College

- 49% | School Based Health Centers
- 47% | Strategic Grants
- 4% | Community Donations

**\$129,883**

# MHSF

METHODIST HEALTH SYSTEM  
FOUNDATION, INC.

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