

# MHSF



# 2015

**ANNUAL REPORT**

July 1, 2014 ~ June 30, 2015



## MISSION

The Methodist Health System Foundation, Inc. is dedicated to the support, development and management of health related programs and services for the benefit of the citizens of East New Orleans and beyond. The programs expressly target health status improvement of the referenced population by addressing the key determinants of health including lifestyles, access to healthcare services, social and environmental factors. This is accomplished through operational management, fiduciary responsibility, and exploring other business ventures that relate to healthcare.

## VALUES

In keeping with the Christian spirit, Methodist Health System Foundation, Inc. promotes health, wellness and wholeness through offering, supporting or advocating programs and services to the Greater New Orleans community and beyond. Methodist Health System Foundation, Inc. is committed to:

- Providing programs and services in a cost-effective and ethical manner.
- Be close to the community and responsive to their needs without regard to race, ethnicity, gender, creed, age or disability.
- The wellbeing of the Foundation family of the employees and constituents... emotionally, financially and spiritually.

## VISION

Though the United States spends more per capita on healthcare than any nation in the world, health status lags that of other industrialized nations. Population-based programs and personal health services that target the physical, mental and spiritual development of individuals and communities will improve health status. Our vision is for the Methodist Health System Foundation, Inc. to be a conduit for a healthy community that provides grants and health care services in addition to social, lifestyle, environmental and public policy programs that promote health and wellness.

**MHSF**

**METHODIST  
HEALTH SYSTEM  
FOUNDATION**

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## Our Message to the Community

As you turn the pages of our 2014-2015 annual review, you will find growth, healing and inspiration. MHSFI has been truly fortunate to have like minded partners in our midst. You will discover the power of those partnerships that are designed to further the legacy of MHSFI. As we continue to grow and develop, share and encourage our growing community partnerships, we are all steadily evolving into a community driven wellness task force, in order to educate and empower all of the people we serve.

As a faith based organization, MHSFI strives to develop and participate in programs and services that will best meet the needs of the communities we serve and inspire others to help one another. The MHSFI family is helping other families and partners in ways it can, in places it can, to inspire and develop generations of healthy minds, bodies and spirits, wherever they can and by all the means it can.

MHSFI's mission is accomplished through operational management, fiduciary responsibility and exploring business ventures related to healthcare. We are pleased to report for this fiscal year ending June 30, 2015, that MHSFI has expended \$4,497,899 in support of our Mission.

Your partnership with MHSFI is essential: both the resources you provide and the energy you impart. This report is not just an accounting of a year's work. It is a tribute to you and all those who make our shared vision a reality. Thank you for your continued support.

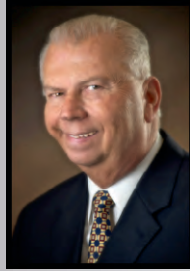
Sincerest Regards,

*Marian L. Egerton*  
*Julie L. Egerton*

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MEMBER SINCE 1986



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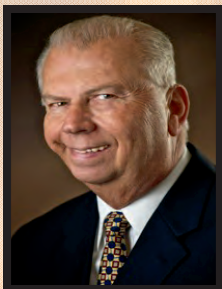


DR. OSCAR DELPORTAL  
MEMBER SINCE 2012



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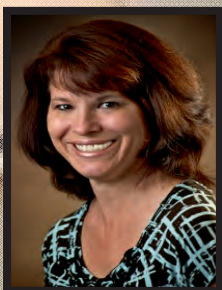
STRELSA YOUNG  
EXECUTIVE ASSISTANT  
SINCE 1997



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EXECUTIVE SECRETARY  
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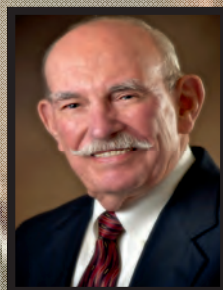
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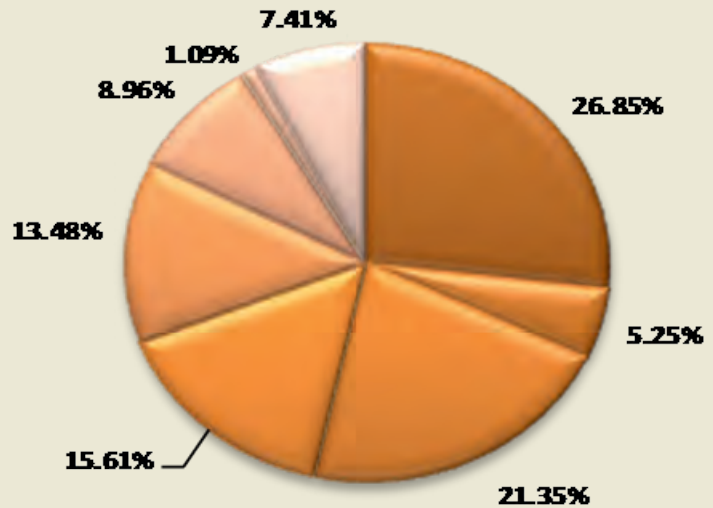
BONNIE MILLER  
DIRECTOR OF HYPNOTHERAPY  
SINCE 2005



HAL CUTLIP  
SINCE 2008

## Financial Highlights - As of June 30, 2015

### INVESTMENT POSITION

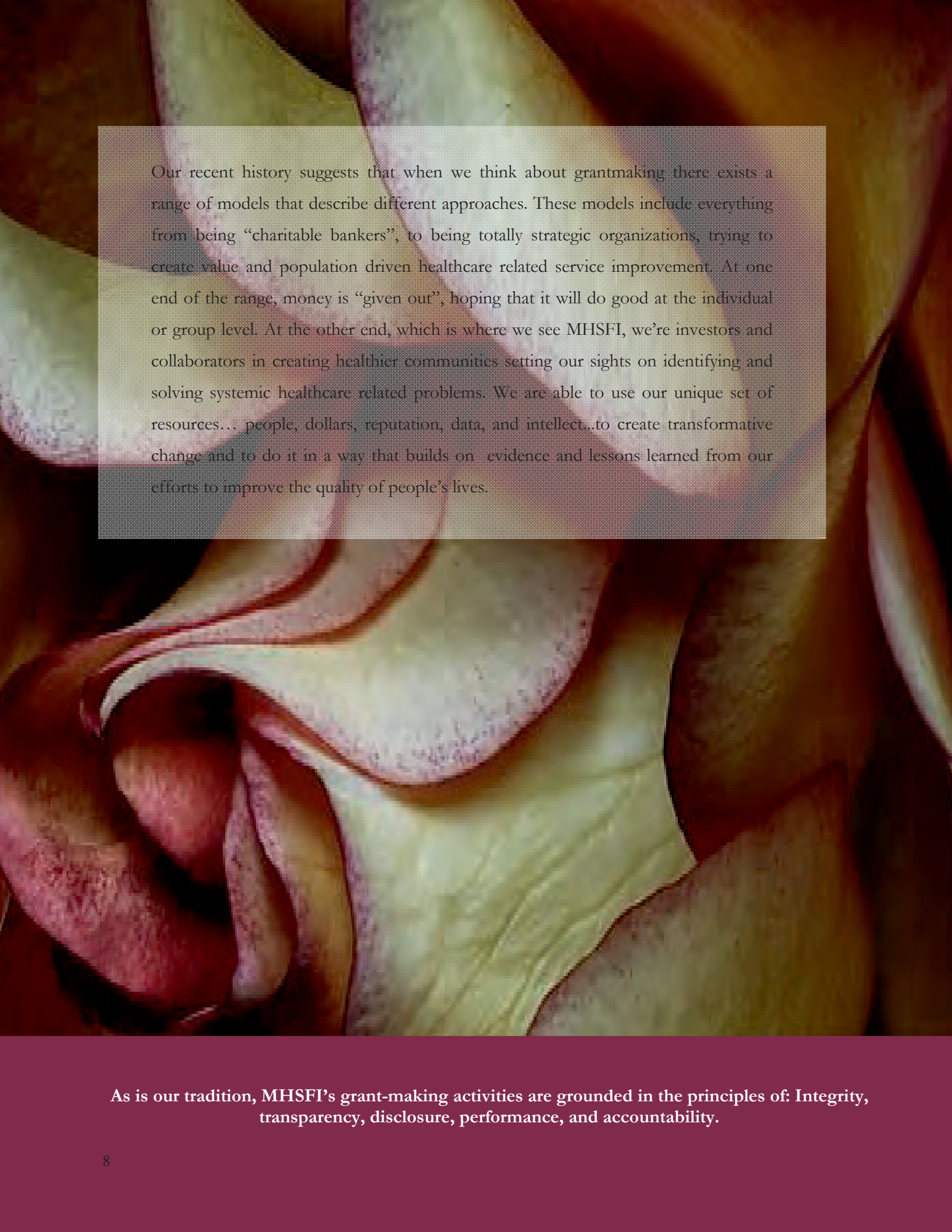


**PORTFOLIO TOTAL: \$69.26 MILLION**

	% TOTAL	AMOUNT
Large Cap Equities	26.85%	\$ 18,600,161.42
Small / Mid Cap Equities	5.25%	3,636,724.81
International Equities	21.35%	14,788,641.50
Alternative Investments	15.61%	10,814,089.99
Fixed Income	13.48%	9,332,630.66
World Bonds	8.96%	6,208,452.18
Money Market Funds	1.09%	755,110.33
United Methodist Trust Fund	7.41%	5,129,437.13
<b>Total Investments</b>	<b>100.00%</b>	<b>\$ 69,265,248.02</b>

### KEY FINANCIAL INFORMATION

	CURRENT YEAR	5 YEAR TOTALS
Net Investment Income	(1,123,614)	24,004,218
Change in Fair Market Value of Investments	(4,944,778)	1,474,439
Net Operating Expenses	4,550,335	22,363,142
Increase in Net Assets	(5,311,597)	6,198,599



Our recent history suggests that when we think about grantmaking there exists a range of models that describe different approaches. These models include everything from being “charitable bankers”, to being totally strategic organizations, trying to create value and population driven healthcare related service improvement. At one end of the range, money is “given out”, hoping that it will do good at the individual or group level. At the other end, which is where we see MHSFI, we’re investors and collaborators in creating healthier communities setting our sights on identifying and solving systemic healthcare related problems. We are able to use our unique set of resources... people, dollars, reputation, data, and intellect...to create transformative change and to do it in a way that builds on evidence and lessons learned from our efforts to improve the quality of people’s lives.

**As is our tradition, MHSFI’s grant-making activities are grounded in the principles of: Integrity, transparency, disclosure, performance, and accountability.**



## Grantmaking Initiatives In Support of Programmatic Goals

<b>1</b>	<p>Improve the physical, emotional and mental health status of the citizens of the metropolitan New Orleans area with an emphasis on the communities of New Orleans East, Gentilly, St. Bernard and beyond.</p>	<b>31%</b>	<ul style="list-style-type: none"> <li>▪ The Blood Center</li> <li>▪ Covenant House</li> <li>▪ Daughters of Charity</li> <li>▪ Educare New Orleans</li> <li>▪ Greater N.O. Immunization Network (SKIP)</li> <li>▪ Kingsley House</li> <li>▪ Liberty’s Kitchen</li> <li>▪ Love In Action</li> <li>▪ Mary Queen of Vietnam CDC</li> <li>▪ N.O. Speech and Hearing</li> <li>▪ New Schools for New Orleans</li> <li>▪ St. Thomas Community Health Center</li> <li>▪ VIA LINK, Inc.</li> <li>▪ Volunteers of America</li> <li>▪ Young Leadership Council</li> </ul>
<b>2</b>	<p>Increase access to healthcare for the citizens of the metropolitan New Orleans area with an emphasis on the communities of New Orleans East, Gentilly, St. Bernard and beyond.</p>	<b>21%</b>	<ul style="list-style-type: none"> <li>▪ Covenant House</li> <li>▪ Daughters of Charity Services of N.O.</li> <li>▪ Delgado Community College</li> <li>▪ Educare New Orleans</li> <li>▪ The Food Bank of Covington, LA</li> <li>▪ Kingsley House</li> <li>▪ Mary Queen of Vietnam CDC</li> <li>▪ New Schools for New Orleans</li> <li>▪ MHSFI Project—Sign Up Friday</li> <li>▪ N.O. Speech and Hearing</li> <li>▪ Our Lady of Holy Cross College</li> <li>▪ St. Thomas Community Health Center</li> <li>▪ Southeastern LA University Foundation</li> <li>▪ VIA LINK, Inc.</li> </ul>
<b>3</b>	<p>Promote healthy lifestyles and disease prevention for the citizens of the metropolitan New Orleans area with an emphasis on the communities of New Orleans East, Gentilly, St. Bernard and beyond.</p>	<b>32%</b>	<ul style="list-style-type: none"> <li>▪ The Blood Center</li> <li>▪ The Covenant House</li> <li>▪ Daughters of Charity Services of N.O.</li> <li>▪ Educare New Orleans</li> <li>▪ The Food Bank of Covington, LA</li> <li>▪ Greater N.O. Immunization Network (SKIP)</li> <li>▪ Kingsley House</li> <li>▪ Liberty’s Kitchen</li> <li>▪ Love In Action</li> <li>▪ Mary Queen of Vietnam CDC</li> <li>▪ New Schools for New Orleans</li> <li>▪ MHSFI Project –Sign Up Friday</li> <li>▪ St. Thomas Community Health Center</li> <li>▪ VIA LINK, Inc</li> <li>▪ Volunteers of America</li> <li>▪ Young Leadership Council</li> </ul>
<b>4</b>	<p>Assist, where applicable, in the recovery and re-establishment of healthcare services in New Orleans East.</p>	<b>12%</b>	<ul style="list-style-type: none"> <li>▪ Daughters of Charity Services of N.O.</li> <li>▪ Greater N.O. Immunization Network (SKIP)</li> <li>▪ Kingsley House</li> <li>▪ Mary Queen of Vietnam CDC</li> <li>▪ New Orleans Speech and Hearing</li> <li>▪ St. Thomas Community Health Center</li> </ul>
<b>5</b>	<p>Provide MHSFI staff assistance to other non-profit entities in subject areas of our internal expertise. This assistance would be directed towards non-profit entities within the New Orleans area with an emphasis on the communities of New Orleans East, Gentilly, St. Bernard and beyond.</p>	<b>4%</b>	<ul style="list-style-type: none"> <li>▪ Greater N.O. Immunization Network (SKIP)</li> <li>▪ Love In Action</li> <li>▪ MHSFI Project— 2015 Sign Up Friday</li> </ul>



## COVENANT HOUSE

### RIGHTS OF PASSAGE



The first part of this story is a sad one. It may even make you frustrated and angry. It starts outside 16-year-old Nikki's home.

"It's your fault he left me," her mother screams from the doorway as the young girl tries to respond without crying. "Get out now and this time don't come back." The mom slams the door and locks her daughter out. Scared and despondent Nikki realizes that it is no use explaining her mother's "new" boyfriend had molested her - the third "new" boyfriend to do so.

With no place to go and no one who will listen, Nikki walks away with no plan and no hope for the future. The second part of this story does not have a happily ever after fairy-tale ending. But there is a bright light in the near distance with the promise of a better life. A year ago, Nikki found her way to Covenant House. Today is her first day in their Rights of Passage program. **It is a day to celebrate.**

"Covenant House New Orleans offers a safe haven for homeless, runaways and at-risk youth between the ages of 16 and 22," explains Director Jim Kelly. "Homeless youngsters, who come from diverse backgrounds and situations, are living on the streets or in abandoned buildings until they show up at our door or our outreach staff brings them to us. The need is there and definitely more than ever. *Our average daily census has increased from 45 to over 140 kids a night.*

Located in the heart of downtown New Orleans and neighboring the French Quarter Covenant House's Crisis Center never closes and never shuts the door on youth in need. "When kids walk through our doors, they find a hot meal, clothes, a place to sleep, caring staff, and resources to begin a new life. Of course, the first goal is to reunite kids with family. More and more that is not an option."

Statistics demonstrate that 70 to 80 percent of Covenant House youth have experienced sexual or physical abuse; 40 to 50 percent of the young men have been in jail or the juvenile system, one-third of the young women are single mothers, up to 30 percent of all youth have been involved in human trafficking or commercial sex.

Sixty percent are from the New Orleans area – a large percentage from the geographic area MHSF serves - with 20 percent from Louisiana and the remaining 20 percent from across the country. At any one time, there are up to 150 youth and children in care, including two dozen under the age of five.

*"At all times our staff is aware that we are working with teens, who act like teens and do not have the skills to thrive on the streets. To prepare them for independent living, our counselors encourage and facilitate education, job application skills, money management and other basic living essentials."*

Jim Kelly , Director, Covenant House



Covenant House	Young Leadership Council	Mary Queen of Vietnam CDC
St. Thomas Community Health Center	New Schools for New Orleans	Volunteers of America
The Blood Center	Daughters of Charity of New Orleans	Liberty's Kitchen
Love In Action Outreach	Greater New Orleans Immunization Network	VIA LINK, Inc
Kingsley House	New Orleans Speech & Hearing Center	Educare of New Orleans

For highly motivated youth, like Nikki, independent living begins with acceptance into Rights of Passage, an innovative transitional living program addressing the long-term needs of kids at risk. A MHSF grant recipient, the Rights of Passage program offers dorm-like living facilities, across the courtyard from Covenant House’s Crisis Center, while providing counseling and individualized goal setting. “Participation in Rights of Passage is an individualized work in progress for each person in the program,” notes Program Director David Jones. “Independent living is the intended outcome after six to 18 months here but during that time we provide counseling, life skills tools and 24-hour a day support.”

Admission into Rights of Progress is earned by meeting specific criteria. Kelly says that applications for the program participate on in an interview process, demonstrate that they have saved at least \$400, are working toward completing their education, and have a job.

“It’s not easy,” Kelly states. “Remember these are not only young people – teenagers, but also youth who have encountered very tough times in their short lives. For some it is drug abuse, others experience domestic or sexual abuse, some just kicked out by a parent for a variety of reasons. Most homeless kids who come through our doors have never learned how to live independently – to take care of themselves, find and keep a job, save money, pay bills on time, cook a healthy meal, or even do the dishes.”

**Jones says that self-sufficiency is empowering.** “When you learn to live on your own, the resiliency of what you are able to accomplish is amazing. In Rights of Passage, the kids do their own shopping, cooking, cleaning, and learn the social aspects of life. We teach them how to save, how to pay bills, and continually emphasize the importance of education. When they are ready, we help them find a career-level job.”



Rights of Passage residents are currently attending Delgado and Dillard University; others have recently completed their GED. They are holding jobs in area hotels and businesses. The program doesn’t end when a resident graduates from dorm living. Participants move into an off-site apartment with a gradually decreasing subsidy for up to nine months. Covenant House counselors support the off-site living and provide follow up for two years.

“There are 32 young people in Rights of Passage at Covenant House and 14 living in their own apartments,” Jones says. “Before Methodist Foundation provided support, we were only able to help half that number. “At Covenant House, we see ourselves as the hands and feet of God,” Kelly reflects. “We are faith-based as is the Methodist Foundation and blessed to have its generosity and confidence in our program. The Methodist family sees the hopes and promises our kids and with a sense of humility, we are appreciative of the support.”





### A LITTLE GIRL’S DREAM

What do you want to be when you grow up is probably the most popular question presented to little kids. That question, phrased a little differently, continues as those youngsters enter high school, select a college major and define a career path. Most will change the answers along the way – the aspiring circus acrobat is now a veterinary medicine student, the super hero is on his way to be an engineer.

Katie Escher wanted to be a nurse when she was five years old. She wanted to be a nurse when she entered Cabrini High School. She enrolled in Our Lady of Holy Cross College’s (OLHCC) nursing curriculum. This year, Katie graduates as a registered nurse.

“I’ve always wanted to be a nurse,” she says. “Every time my dad asked what I wanted to be, the answer was the same. He would laugh and say ‘you are going to change your mind.’ But I didn’t and now I am close to making my career choice a reality.”

A Chalmette resident, Katie’s passion and commitment to a career caring for the well-being of others is more than obvious. Her smile is brighter when she talks about her classes at Our Lady of Holy Cross, her eyes fill with concern when she mentions her part-time job as Children’s Hospital Emergency Department nurse tech, and you won’t find a more enthusiastic person to tell you about pediatric nursing.

It’s not surprising that the young woman was selected as a recipient of an OLHCC scholarship funded by a MHSF grant. One of several nursing students recognized each year with the scholarship, Katie is a two-time recipient of the financial support.

“The scholarship helps me and my parents, who have encouraged and helped me so much to pursue my career,” she reflects. “College, especially a private college like Our Lady of the Holy Cross, is not inexpensive. Books are expensive, too. I am appreciative and blessed for the financial assistance and the opportunity to pursue a career that will help others.

“I’ve always attended Catholic schools,” Katie continues. “Our Lady of Holy Cross is the perfect choice for continuing my education. It’s an intimate environment, with small classes, with some intensive classes and practical experience. We pray before tests, which seems the right thing to do, and it helps relieve anxiety. And where else would you meet the Dean of Nursing the first day of school and see her frequently throughout the semester? This is the right choice for me.

“My dream is becoming a reality,” she smiles. “See, Dad, I didn’t change my mind.”

### FOLLOWING GOD’S PLAN

Trenai Lewis used to be a little too emotional. So she thought. In fact, she believed her sensitivity and responsiveness to those in need might affect her ability to help them. “I’ve always wanted to be a nurse and believe I would be an asset to the profession,” she explains. Trenai went in another direction after graduating from Mount Carmel Academy, however, completing a bachelor’s degree in Speech Pathology and Audiology a little more than four years ago. Although she was still in the healthcare field assisting others, it wasn’t where she was supposed to be. “Shortly after graduation, I had a gut feeling that working in speech was not what God wanted me to do,” she recalls. “In that moment, I felt in my heart that He wanted me to be a nurse, so I applied to Our Lady of Holy Cross College (OLHCC) and I have no regrets.”

God may also have lent some insight to Trenai’s selection of OLHCC to obtain her nursing degree. The choice was an easy one. “I chose OLHCC because I had previously worked with many OLHCC graduates,” she explains. “Those nurses were the ones who stood out to me. The level of care they provided to their patients was exceptional. I was intrigued. Not only were they great at executing the physical needs of patients, but also that they were attentive to the patients’ spiritual needs. ‘I want to be THAT kind of nurse,’ I said to myself.”

An OLHCC scholarship recipient funded by a MHSF grant, Trenai acknowledges spiritual blessings and financial benefits on receiving the award.

“The scholarship has helped to give me a little piece of mind,” she says. “Nursing school is expensive and having to buy clinical supplies, books, and uniforms amongst personal bills all adds up! The scholarship has put me in a position to not have to worry about some of those things, allowing me to focus on my studies. I am going to be THAT nurse.”

A life-long Gentilly resident, Trenai is gaining experience and supplementing college expenses by working at the New Orleans East Hospital. “It’s a new beginning in healthcare services in the community and a perfect time for me to begin a new career,” she says.

*OLHCC nursing students Katie Escher and Trenai Lewis under the watchful eyes of Patricia Prechter, Dean of the College of Nursing and Allied Health and Chair of the Department of Nursing,*



Our Lady of Holy Cross College	Educare of New Orleans	Mary Queen of Vietnam CDC
Southeastern Louisiana University Foundation	New Orleans Speech & Hearing Center	
MHSFI Project - Sign Up Friday	Covenant House	St. Thomas Community Health Center
The Food Bank of Covington, LA	Kingsley House	Delgado Community College
Daughters of Charity of New Orleans	VIA LINK, Inc.	New Schools for New Orleans

## OUR LADY OF HOLY CROSS COLLEGE NURSING SCHOLARSHIPS

Our Lady of Holy Cross College (OLHCC) is the type of college you might see in the movies of years past. Situated on a tree-filled campus, the one-building college’s redbrick, columns and curving driveway are inviting and welcoming. Step inside for an immediate greeting and awareness that you are in a Christian environment. It’s an environment for shaping today’s young generation to lead the ones of tomorrow - the ideal environment for future nurses.

With a mission of “educating hearts and minds,” OLHCC’s Nursing program maintains an outstanding reputation in its academic efforts as well as guiding students in understanding the importance of spirituality in the art of healing. Recently named Nursing School of the Year for its entry into practice program, OLHCC has awarded nursing degrees to more than a thousand of the area’s nurses with 95 percent remaining in the Greater New Orleans area and near-by parishes. Others have earned positions with hospitals throughout the country including acceptance into the prestigious Graduate Nurse Residency Program at M.D. Anderson Cancer Center.

“Our Lady of the Holy Cross College is a small school and has the ability to focus on an intense nursing curriculum which prepares students for the challenges and demands of a healthcare career,” says Dean of the College of Nursing and Allied Health and Chair of the Department of Nursing, Patricia Prechter. “Our students are accustomed to challenges. Many are the first person in their family to attend college; they are commuters, often facing challenges to get to and from class; a significant number require financial aid, and the majority are maintain part-time jobs. We have a diverse student population, from single mothers to older men and women who are looking for new and/or better career opportunities.”

“Thanks to the generosity and support of the MHSF, we are awarding seven, \$1000 scholarships each year to sophomore and junior students to help meet their financial demands and their career goals,” Prechter continues.

Shortly before Hurricane Katrina, the MHSF presented a significant contribution to the college. Since 2006, grants have been awarded annually, helping the college established an endowment fund for scholarships. Recipients are from New Orleans East, Gentilly, and St. Bernard Parish – the geographic area MHSF serves.

“The scholarship award is a huge amount for our students, making a key difference in the ability to continue their studies,” the dean says. “Each scholarship student has a touching story in his or her decision to enter nursing as well as how financial support is important. More than one student, for example, has said the scholarship was the only way she was able to buy her books.”

*“The Methodist Foundation has touched many lives over the years and in turn, the future nurses from OLHCC will touch others,” says Prechter.*





### VOLUNTEERS OF AMERICA FRESH FOOD FACTOR

Nourishing the body. Nurturing the soul. Lifting the community.

In May 2013, Volunteers of America opened a state-of-the-art 8,500 square foot commercial kitchen called the *Fresh Food Factor* to address the growing problem of childhood obesity in Louisiana. As New Orleans has one of the highest at-risk populations in the nation, the vision of *Fresh Food Factor* was to provide each and every child with access to a healthy, nutrient-rich meal every day.



*Since opening, the program has served cooked from scratch meals to New Orleans Head Start programs, schools and summer camps.*

*Fresh Food Factor prides itself on creating local favorites cooked in a healthier way like chicken, sausage and okra gumbo, red beans and rice, stewed chicken and whole grain pizza pasta. Chefs take food in its whole form and apply skill and technique, to produce a variety of fresh, healthy meals and snacks that education programs are proud to serve.*



*"A healthy school lunch has the potential to increase students' concentration so they can focus on academics in the classroom."*  
Robin Gorman, Dir. of Child Nutrition, Lake Forest Elementary Charter



Volunteers of America

Educare New Orleans

MHSFI Project - Sign Up Friday

Liberty's Kitchen

The Covenant House

The Blood Center

Young Leadership Council

The Food Bank of Covington

VIA LINK, Inc.

St Thomas Community Health Center

Mary Queen of Vietnam CDC

Kingsley House

Greater N.O. Immunization Network

Love In Action Outreach

New Schools for New Orleans

Daughters of Charity Services of N.O.



In its first year *Fresh Food Factor* served 277,630 meals to schools like Lake Forest Charter and summer camps. This year the program experienced significant growth serving 737,730 meals – a 165% increase over the prior year. Now in the third year of operation serving breakfast, lunch, supper and snacks to school-aged children, *Fresh Food Factor* is again anticipating tremendous growth. The program will be serving an additional 714,210 meals to 5 new school locations for a **total of 1,451,940 meals** during the 2015-16 school year. These new schools, including the three campuses of the Einstein Charter Network as well as Foundation Preparatory Charter, will increase the number of New Orleans East at-risk youth that are served.

It is through the support of organizations such as MHSFI that *Fresh Food Factor* has been able to grow to serve fresh, healthy and affordable meals to our children. Volunteers of America is excited to be a part of the solution to ensure that every child has access to nutritious food, where he or she lives, learns and plays.

**Good nutrition can influence a students' overall health as well as their focus and energy in school - which contributes to a promising future.**





**KINGSLEY HOUSE  
COMMUNITY COUNSELING CENTER**



Catastrophe brings change. Sometimes, that change stimulates good. When Hurricane Katrina devastated New Orleans East and surrounding areas it opened the path toward a powerful partnership with Kingsley House. Located in uptown New Orleans and serving the neighborhood and surrounding areas, the 120-year-old facility was helping to meet the needs of its own neighbors when MHSF knocked on its door.

“MHSF reached out to us, exploring diverse methods of partnering for a better community, better quality of life and re-building families,” said Kingsley House Director Keith Liederman, “What was impressive to us was that MHSF wanted our thoughts, our ideas, on how best to partner.”

“Kingsley House had frequently reached out to the New Orleans East area, opening services and programs for youth, but Methodist helped us continue our work in the area, assisting us with a solid connection to the community,” Liederman explained. “Our reputation was strong, but we needed a presence if we were going to be able to positively impact individuals and families in the East.”

Liederman emphasized that **bringing communities together is a Kingsley House tradition**. The organization's reputation and more importantly its experience offered the foundation and support, especially impactful for a recovering community. As the two organizations worked together to evaluate the best way to help, emerging needs in New Orleans East, Gentilly and St. Bernard seemed to increase long after the initial impact of Hurricane Katrina.

An initial MHSF grant focused on personal, door-to-door engagement in New Orleans East. “Kingsley House staff knocked on doors, conducting a comprehensive needs assessment while helping families document losses. It wasn't all about helping people financially, although that was a prevailing concern,” he continued. “It was finding out about basic needs, recovering important documents, such as birth certificates, and filling in the gaps.”

Liederman pointed out accessibility, transportation and language were significant barriers for many New Orleans East and surrounding area residents post-Katrina. “Families were income-eligible for food stamps for example, but did not realize that they could apply. With assistance from Kingsley House staff, they were enrolled in assistance programs including Medicaid & CHIP.”

Working with the support of MHSF and partnering with the Hispanic Apostolate, Vietnamese Initiatives in Economic Training and other organizations, gaps were filled. But the work was not over.

“As basic needs were being met, we found a significant need for PTSD and anxiety counseling,” Liederman explained. “Again, the MHSF worked with us to provide parent support groups, focusing on challenges and prevailing issues.”

*“By talking to area residents and community leaders, along with healthcare professionals, we strategically mapped out ways to make a difference in improving the quality of life and meeting ever evolving needs of the community.”*  
Keith Liederman, Director, Kingsley House





Kingsley House

New Orleans Speech & Hearing Center

Greater New Orleans Immunization Network

St. Thomas Community Health Center

Mary Queen of Vietnam CDC

Daughters of Charity Services of New Orleans



Today, MHSF is providing financial support for Kingsley House’s Community Counseling Center on Read Boulevard. “Close to home is important for those looking for mental health care,” said Kingsley House Program Officer for Community Services, Karen A. Chustz. “The New Orleans East center makes accessibility easier for that geographic service area.”

The Community Counseling Center offers therapeutic interventions to individuals, families and children to promote overall mental health and well-being on a sliding fee scale, and Medicaid is also accepted.

“We work with individuals and families to help them learn the skills needed so that they can become their own best problem solvers, communicate more effectively and improve their overall quality of life,” Chustz explained. “Professional, experienced and caring social workers and counselors are available to address issues such as for depression, anxiety, grief and anger management either at the center or, if necessary, with a home visit. Additionally, our services extend to marriage and family counseling and a play therapy program for children.”

Partnering with its neighbors and other organizations is at the heart of Kingsley House today, just as it was in its beginning days in the late 1800s. As a resource for education, recreation, social interaction and support in times of need, Kingsley House is recognized as the first home of The Tulane of School of Social Work, Louisiana’s Lighthouse for the Blind, and the New Orleans Recreation Department.

“Kingsley House represents a safe haven for the communities we serve,” Liederman emphasized. “Our history of educating children, strengthening families and building community is not unlike Methodist Hospital’s original mission when it opened in the late sixties. MHSF is enthusiastic in its support and constantly goes above and beyond to help its community and has become an important member of our Kingsley House family.”

**“Close to home is important for those looking for mental health care”**





**Love in Action Outreach (LIAO)** is a bustling, yet unassuming miracle factory, where prayers, partners and a lot of hard working volunteers come together to bring hope and nourishment to those in need. LIAO’s Mission is to serve and administer to the needs of others with love according to the Word of God; to actively demonstrate God’s love through empowerment; by providing food, clothing and other available resources; and to positively impact families, our community, our city and ultimately our state by demonstrating God’s love and compassion for those in need.

From its inception in 2003, LIAO has served as a community based resource located in New Orleans East that was formed for the purpose of providing food, clothing and other available resources to individuals who are elderly, disabled or economically disadvantaged. As a partner agency of Second Harvest Food Bank, LIAO is providing much needed food items in a historically underserved area of New Orleans East.

Initially, LIAO distributed food items to 100-125 households. In 2007 the climate had changed dramatically, post Katrina; the need was even greater and although resources were scarce LIAO distributed food products from two tents every month to over 400 families for nearly two years.

In 2009, due to weather conditions, food safety concerns, and an increased demand for services, LIAO secured a storefront facility to move operations indoors and improve accessibility and frequency of distribution of food pantry services to more families without the long wait times, often in inclement weather.

As the new location expanded so did the need to provide services for those at risk of food disparity. Whether it was due to environmental sources such as BP oil spill, Hurricane Isaac or economic conditions of the growing population on low and fixed incomes, the need was growing.

In July 2010, LIAO served over 700 households a month and by 2012, the numbers had doubled with pantry food services being utilized by over 1500 household which represented over 5,000 New Orleans East residents receiving food each month. Partnering with Catholic Charities Food for Seniors Program, LIAO distributes commodities to individuals 60 years of age and older and has quickly grew from a monthly distribution of 30 boxes to 350 boxes; now impacting over 600 seniors.

With partners such as MHSFI and others, LIAO was able to add refrigeration units, which improved the quality and the nutritional value of the food available for distribution. The community had access to fresh fruits and vegetables along with meat and other perishable items. This ultimately led to an increase in the number of New Orleans East residents receiving food pantry services. LIAO was poised to meet the needs of a population of individuals and families struggling with food insecurity and quickly outgrew two locations.

*“Our mission with Love in Action Outreach is to positively impact families, our community, our city and ultimately our state by demonstrating God’s love and compassion for those in need.”*  
Gail Womack-Murray , Director, Love In Action Outreach





Currently, LIAO is a “Client Choice” model food pantry, the only one of its kind in the New Orleans area. This model is set up like a supermarket. Each client gets to choose from available food items which will be enjoyed by their particular household. This enhances their shopping experience and eliminates waste due to food items not being consumed. There is also an increased storage capacity (shelving, refrigerated and freezer units). The new facility allows drive-through service when picking up commodity boxes. It provides a covered area for outdoor activities (farmers market, flea market). There is a larger intake/waiting area and more parking for clients, volunteers and staff. The warehouse also includes an adjoining Thrift Store used to provide clothing and generate revenue to assist with operation cost.

### 100 new clients sign up

each month for food pantry services. LIAO’s current database is bulging, holding over 4500 client records of individuals served in the past eighteen months, serving on average over 2,000 household each month which represents nearly 6000 men, women and children.



LIAO serves as a beacon of light within the community. There are options there, with regard to the esteem of the clients. The “client choice” shopping is not only for groceries and the outside farmers market for fresh fruit and veggies. There is the option to shop in the *Boutique* for prom gowns or business attire for job hunting and in the *Thrift Store* where household furnishings and small appliances are available to purchase at extreme discounts, to improve the quality of life of those families served.

Gail Womack-Murray, Founder and Director of LIAO says, “We’ve had over 915 volunteers this year (Jan-Jun), that have come from all parts of the country, 19 states in total and from as far as Canada. The community is afforded the opportunity to interact with people of various religious organizations, academia and industry backgrounds; all with a heart of love, compassion and a willingness to serve. The social impact of this interaction between clients and young volunteers is priceless.”



# Programs and Services

In fulfillment of its Mission, Methodist Health System Foundation, Inc. engages in services organized within three domains:  
• Grantmaking • Oversight of Pendleton Memorial Methodist Hospital Run Out • Management of Programs and Services

## Hypnotherapy Services

Stress has an underlining influence in most every condition known to man. Hypnotherapy is a proven option that helps reduce and often eliminate the negative responses that often inhibits health and healing, caused by stress.

Common stressors that influence the health and wellbeing of human beings are numerous symptoms that fall into three distinct, yet not unrelated categories. Unrelenting generalized stress that most people adopt to cope with job, family, relationships, environment, etc. contributes to the majority of mind/body health symptoms. Secondly, psycho physiological symptoms are most often due to the stress resulting from trauma, illness or accident. These symptoms often go undiagnosed and not addressed for a period of time after the onset of stressors. Thirdly, organic conditions that stress the physical body, such as auto-immune disorders, cancer, traumatic brain injury, stroke, cardiac diseases, have a biological basis which often leaves the individual feeling powerless over it. This kind of genetic vulnerability lends itself to amplify the stress a person would ordinarily experience in their cultural environment.

Hypnotherapy helps you train your mind, to heal your body, mind & spirit.



## Medical Services Office Management

Medical Services Office Management provides an end-to-end medical billing solution that helps medical professionals to maximize their collection while eliminating the financial and man management constraints. From submission of a claim to posting payment, billing patient balances and following up with insurance companies - we do it all, so that the physician's offices can focus on improving patient care.

Our experienced staff has developed the resources to provide complete medical billing services that serves to maximize collections, lower costs, increase efficiency and enhance the bottom line.

Medical Services Office Management has a tried and tested process which ensures that each claim is individually tracked and resolved in the shortest time possible. What this means for the medical practice is faster reimbursements, better cash flow, and a low percentage of accounts receivables.



## School Based Health Centers

School-based health centers are developed to make accessible health related services, where the students are; in school. In St Bernard Parish, MHSFI created and maintains two such centers; one located in Chalmette High School and the other in Nunez Community College. In each facility students have access to comprehensive preventive, primary and mental healthcare for students, to keep them healthy and ready to learn.

### Chalmette High School - School Based Health Center

Chalmette High School-School Based Health Center, sees an average of 50 students per day from 7:30 a.m. to 4:00 p.m. on school days. The center provides services to students ranging from acute illness, comprehensive sports physicals, chronic illness management, preventive care and more.



The SBHC team includes a skilled professional staff that includes a physician serving as Medical Director, Nurse Practitioners, Registered Nurses, Social Workers, Center Manager, Medical Assistant and Center Coordinators.

The families, administrators and students are excited about the School Based Health Center and many express their appreciation of the services provided. One parent stated how thankful she was that she didn't have to take off of work to bring her daughter's medication to school. Another stated she was unsure if her daughter was ill enough to warrant a doctor's visit and was happy that this service was available at the high school. The staff at the health center involves the patient's parents and pediatrician as well as specialists, when warranted, whenever possible. Students are seen from a holistic view point, treating the mind and body, and utilizing all of our team members as appropriate. Together, they cover all aspects of the student's care. We are providing a much needed service to the students and making a difference in their lives and in the community.

### Nunez Community College Health Center

Nunez Community College - Health Center provides quality, comprehensive health care to Nunez Community College students in an effort to meet their health care needs, thereby contributing to their academic development through collaboration, advocacy and education within the community.

Convenience and accessibility to health services are offered in tandem with efforts to provide health and wellness education for students. By doing so, it is our hope to meet the unmet health care needs by placing health care where the students are and when they need it. Routine physicals, screenings, lab and blood work as well as diagnosis and treatment of minor illnesses and injuries are available during school hours. The center is staffed by a multidisciplinary team of health care profession providing services in hopes that healthy living becomes an integral part of every student's life.



## Active Grants

Organization Name	Project Title	Terms	Grant Amount
		(months)	
The Blood Center	Life Saver Program	24	\$260,457
Covenant House	Rights of Passage Program	36	\$237,000
Daughters of Charity Service of New Orleans	Project East - Phase 1: Primary Care	27	\$225,000
Delgado Community College	LPN Scholarships Program	37	\$ 30,000
Educare New Orleans	New Orleans Pre—K and Kindergarten Education, Family Engagement	18	\$247,080
The Food Bank of Covington, LA. Inc	Covington Food Bank Dental Clinic	15	\$ 61,838
Greater New Orleans Immunization Network	School Kids Immunization Program (SKIP)	36	\$478,016
Kingsley House	Satellite Office in New Orleans East and Mental Health Counseling and Outreach Program	54	\$761,438
Liberty's Kitchen	Healthy Futures Initiative	17	\$289,000
Love In Action Outreach	Food Pantry Program	36	\$109,040
MHSFI Project—Community Benefit	Sign Up Friday 2015 - New Orleans Health screenings,	12	\$ 44,000
Mary Queen of Vietnam CDC	Diabetes Care Management	24	\$121,160
New Orleans Speech and Hearing	Satellite Office in New Orleans East and Audio Metric Testing Equipment	12	\$ 57,471
New Schools for New Orleans	Creating Excellent Schools for Students with Disabilities	36	\$224,000
Our Lady of Holy Cross College	Endowment Scholarships for Nursing Students	ongoing	\$100,000
Southeastern Louisiana Nursing Foundation	Nursing Scholarship Program	36	\$ 30,000
St. Thomas Community Health Center	Columbia Parc CHC: Primary Care	24	\$151,575
VIA Link, Inc.	2-1-1 Crisis Intervention Call Center Volunteer Program	18	\$ 51,187
Volunteers of America	Fresh & Healthy Food Production Facility,	61	\$350,000
Young Leadership Council	YLC Kicks 2014 - New Orleans East Youth Soccer	12	\$ 32,000
<b>STRATEGIC GRANTS TOTAL</b>			<b>\$3,860,262</b>
School Based Health Centers	Health Center at Chalmette High School & Nunez Community College	12	\$637,637
<b>AS OF JUNE 30, 2015</b>			
<b>TOTAL \$4,497,899</b>			

## Other Organizations Supported



- The Blood Center
- Bureau of Governmental Research
- Chalmette High School Alumni Association
- Christ the Healer
- Community Christian Concern of Slidell
- Covenant House of New Orleans
- Court Appointed Special Advocate
- Daughters of Charity Services of New Orleans
- The Data Center
- The Food Bank of Covington, LA, Inc.
- First Grace Community Alliance
- Foundation of the American College of Healthcare Executives
- Hope the Premier Way
- The Isaiah Institute of New Orleans
- Junior League of Slidell
- Lacombe United Methodist Church
- Lake Forest Charter Elementary School
- Leukemia and Lymphoma Society—Louisiana Chapter
- The Links, Incorporated Foundation, Crescent City Chapter
- Luke's House
- Poydras Home
- Raintree Services, Inc.
- Rayne Memorial Methodist Church
- Slidell Memorial Hospital Foundation
- St. Bernard Parish School Board Employees Lions Club

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