



MHSF

Methodist Health System Foundation 2019 - 2020 Annual Report

Our Vision

MHSF envisions healthy, self-sustaining, individuals and communities

Our Mission

To support, develop and manage health-related programs and access to services that benefit the citizens of East New Orleans and beyond

Our Values

- M - Methodist Christian Legacy
- H - Honesty to Ourselves and Others
- S - Service to Improve the Health of Our Community
- F - Family of Employees and Our Partners
- I - In Perpetuity through Prudent Stewardship of Financial Assets

MHSF GRANTS

Strategic Grants - MHSF provides funding to healthcare programs/projects of non-profit 501(c)(3) organizations that serve our mission and strategic programmatic goals. We engage in discussions with organizations that meet our strategic focus. MHSF does not accept unsolicited general applications.

Community Donations - We provide small support grants to 501(c)(3) non-profit organizations in the four (4) parish region of Orleans, St. Bernard, St. Tammany and Jefferson. These donations maybe in the form of sponsorships or discretionary donations for organizations, programs or events.

Message to the Community

Here in South Louisiana, we can expect to drive through fog about 50 days a year. Regardless of our driving expertise, when dense fog rolls in, so do anxiety and concern. As we navigate life during this COVID-19 pandemic, we can experience similar feelings of anxiety and concern. Methodist Health System Foundation (MHSF) has met these uncertainties with faith in God, our civic partners, families, friends and communities. We are positioning ourselves to rebound stronger and more creatively than before.

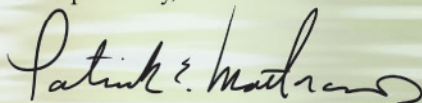
Since its inception sixteen years ago as a legacy foundation, MHSF has steered its resources toward community health independence and family stability. Addressing food disparities and accessibility to healthcare are essential elements of our primary focus. Our partners consistently supply important and timely resources to those in need. We are showing a young generation how to take responsibility for their health and well-being. Through MHSF partnerships, young people are learning life-changing skills that position their generation for a healthier, happier and more responsible future.

We are proud of the contributions and creativity our community partners demonstrate through this adversity. It is our pleasure to share the following summary that reflects some of the accomplishments of MHSF and our community partners this year.

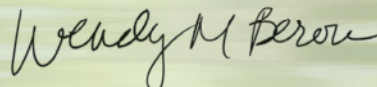
Our School Based Health Centers (SBHC) continued to show a steady increase in the number of students seeking assistance with physical and behavioral health issues. In an effort to continue providing these important services to our students, SBHC clinical services remained open after schools closed. Behavioral health services continue by phone and telehealth contact, providing tremendous value to our most vulnerable youth-many of whom struggle during this unpredictable period.

As this global fog lingers for a term we cannot predict, we hope the crisis will pass quickly and a bright sun begins to light our horizon. Thank you for your consistent support of MHSF in 2019-2020. It is with steadfast faith we remain committed to our community and resolve to expand and strengthen our efforts in the years to come.

Respectfully,



Dr. Patrick E. Mottram
Chairman



Wendy M. Beron
President

Retiring Board Member Mrs. Marian L. Eggerton

For Marian L. Eggerton, it is personal. Every aspect of who she is and what she has accomplished as a well-respected nurse, wife, mother, friend, First United Methodist Church member, volunteer, community activist, advocate, fund raiser, humanitarian, ambassador, philanthropist, board member and board chairman stems from her very personal and deep abiding faith. Through her many years leading MHSF, Marian's legacy is expressed through her unique understanding and balance of strength and compassion.

It is her lifelong, selfless dedication to humanity and community commitment that successfully led the MHSF Board, Administration and Staff to greater community-wide health initiatives, touching thousands of individuals and families through our Mission. The MHSF team is grateful for the opportunity to learn under her tutelage and grow from her example. We pray she will delight in a well-deserved retirement.



We offer our prayers of thanks and gratitude for the many years of service to the Hospital and Foundation. Marian is a MHSF advocate and staunch supporter of our work and our community. Her commitment over the years contributed significantly to our overall success. We appreciate her dedication, loyalty and friendship.

Wendy McCarthy Beron, MHSF President and CEO

Marian Eggerton, you are a force with intuitive insight. You have led the charge for the MHSF Mission from the beginning as Board Member and Chairman of Methodist Hospital to Methodist Health System Foundation Board Member and Chairman. You have graciously spent decades spearheading innovation in the non-profit realm seeing challenges as opportunities to grow. Through the years, I watched you strive for your best and what was best for MHSF. You were always more prepared and more up to speed on the mountain of material; from the latest cutting-edge research and community assessment findings to financial statements and investments. Not to mention monitoring the oversight of our community grantees and so much more. Marian, you always made yourself available and accessible to Board Members, Administration and Staff with a wealth of wisdom, wit and a loving spirit. Thank you for your cherished friendship.

Frederick C. Young, Jr., MHSF Board Member, Past President

I had the pleasure of serving with Marian Eggerton for many years on both the Pendleton Memorial Methodist Hospital and the Methodist Health System Foundation Boards. During most of those years, Marian was Chair of the Board. She served with great dedication, integrity, wisdom, and good humor and left a splendid legacy to her successors. I know that I speak for my fellow board members, past and present, when I express my personal and professional admiration for Marian. I am fortunate to have her as a respected colleague and trusted friend.

On behalf of myself and many others: Thank you, Marian, for a job extremely well done.

*Patrick Gibbs, MHSF Board Member,
Immediate Past Chairman*

Ever upbeat and gracious, Marian's commitment to the mission of the Foundation underscored her attention to detail as she gently and firmly guided the Board.

Dr. Patrick Mottram, MHSF Board Chairman

Ms. Eggerton, I want to thank you for your years and years of dedicated service to The Methodist Health System Foundation. You are truly an inspiration. I wish you well as you finally get to retire...ENJOY!! May God bless you! Love,

Judy Dawson, MHSF Board Secretary



2004
Patrick Gibbs, Board Member,
Marian Eggerton, Board Chairman

Our Board Members

Dr. Patrick E. Mottram, *Chairman*
Mr. Donald E. Pate, *Vice Chairman*
Mr. Cameron B. Barr, *Secretary*
Ms. Judy S. Dawson, *Treasurer*
Ms. Wendy M. Beron, *President*
Mr. Patrick M. Gibbs, *Past Chairman*
Ms. Natalie B. Cohen
Ms. Marian L. Eggerton
Ms. Mary B. Giraud
Dr. Joseph A. Labat
Mr. Brandon T. Nelson
Ms. Paula R. Singleton
Mr. Larry D. Wink, Sr.
Mr. Frederick C. Young, Jr.

Our Staff

Ms. Wendy M. Beron, *President*
Ms. Dana B. Biagas, *Medical Assistant*
Ms. Ann Clayton Chamberlain, *VP, Program Management*
Ms. Ailenne L. Coulon, *Nurse Practitioner*
Ms. Pam B. Cutlip, *Executive Office Liaison*
Ms. Audra C. Degan, *Nurse Practitioner*
Ms. Giselle C. Diecidue, *Office Administrator*
Ms. Kaytee C. Gillis, *Social Worker*
Ms. Kate S. Grieshaber, *Social Worker*
Mr. Mike J. Hellmers, *Administrative Assistant*
Ms. Barbara N. Henderson, *Accountant*
Ms. Mae C. Juan, *Registered Nurse*
Mr. Steve E. Juan, *Registered Nurse*
Ms. Cheryl C. Landry, *Medical Billing Specialist*
Dr. Glenda G. London, *Nurse Practitioner*
Ms. Pam H. Mason, *Medical Assistant*
Ms. Leslie G. Mathews, *Center Coordinator*
Ms. Bonnie L. Miller, *Director of Community Relations*
Dr. Patrick E. Mottram, *Medical Director*
Mr. Paul R. Page, Jr., *VP, Finance*
Ms. Carol F. Roger, *Center Coordinator*
Dr. Heather L. Surcouf, *Director of Health Center Services*
Mr. Jay C. Terrill, III, *Social Worker*
Ms. James M. Tyus, *Social Worker*

SCHOOL BASED HEALTH CENTERS

- CHALMETTE HIGH SCHOOL
- NUNEZ COMMUNITY COLLEGE
- C. F. ROWLEY ALTERNATIVE SCHOOL



Nunez Community College students designed and produced clear facial masks as part of their Science, Technology, Engineering, Art, and Math (STEAM) department. STEAM director Dr. David Vumbaco gifted 50 shields to be used by the Nunez Health Center team members.

Chalmette High School (CHS), Nunez Community College (Nunez), and C. F. Rowley Alternative School (Rowley) ceased in-person classes in March of 2020 due to the COVID-19 pandemic. In response, School Based Health Center (SBHC) team members pulled together and worked with school administrators to continue to offer medical and behavioral health services. They also served as a resource for the St. Bernard schools and Nunez students, faculty and staff.

CHS and Nunez Health Centers quickly adopted COVID-19 testing needs and offered COVID-19 testing to all of the St. Bernard schools and Nunez Community College faculty, staff, and students.



Dana Biagas, Medical Assistant at CHS SBHC accepts COVID-19 testing material for the SBHC distributed by the Louisiana National Guard.

Rowley mental health providers assisted Nunez faculty, staff, and students by offering virtual mental health services at a time when such services were scarce and needs were high.



(L TO R) Wayne Warner, CHS Principal, Wendy Beron, MHSF President and Dr. Patrick Mottram, MHSF Medical Director and Board Chairman, welcomed Representative Raymond Garofalo, Jr. for a pre-COVID-19 tour of the CHS Health Center.



(L to R) Leslie Mathews, Nunez Health Center Coordinator, Ailenne Coulon, Nurse Practitioner and Pam Mason, Medical Assistant at a pre-COVID-19 Health Fair.



All SBHC team members remained active during the summer, offering telehealth and in person visits to meet the needs of the community we serve.



A Chalmette High School senior was feared to have COVID-19. He worked so hard for that diploma and because of the COVID-19 threat he would not be allowed to participate in graduation. The Nunez and Rowley team heard of his dilemma and worked together to provide further testing and obtain his clearance for graduation events.



Kate Grieshaber, CHS Health Center Social Worker preparing for students behind protective plastic sheeting adding another level of safety for students and staff.

Nunez had a patient who was very ill.



Her usual provider was closed due to the pandemic and she had difficulty getting medical help. Our Nunez Health Center team was able to coordinate a visit for the patient, conduct necessary testing and secure her a bed in the hospital, at a time when hospitals were overwhelmed with COVID-19. This most likely saved her life.



- ✚ Blue Cross Blue Shield of Louisiana Foundation
- ✚ C.F. Rowley Alternative School
- ✚ Chalmette High School
- ✚ CrescentCare
- ✚ Delgado Community College
- ✚ Dillard University
- ✚ Eye, Ear, Nose and Throat Foundation
- ✚ For Your Eyes Only
- ✚ Lions Club International Foundation
- ✚ Louisiana Department of Health, Bureau of Family Health
- ✚ Louisiana Department of Health, Delgado Health Clinic
- ✚ Louisiana State University Health Sciences Center
- ✚ Nunez Community College
- ✚ Ochsner Hospital
- ✚ Southeastern Louisiana University
- ✚ St. Bernard Parish Hospital
- ✚ St. Bernard Parish School District
- ✚ University of Holy Cross



SON OF A SAINT

Founded in 2011, Son of a Saint is dedicated to transforming the lives of fatherless boys in Greater New Orleans through mentorship, emotional support, development of life skills, exposure to constructive experiences and by building positive peer-to-peer relationships. All of these components represent vital mechanisms to enlighten and uplift during this period of social justice awakening, both in our local communities and across the nation.

Methodist Health System Foundation supports Son of a Saint's dedicated mental health specialist, Tara Gremillion Lark. Tara has found that the mentee participants' mental health needs most often present themselves in school settings. As Son of a Saint serves its mentees between the ages of 10 and 18, school is where these young men spend the majority of their time. The classroom is an environment of high expectations and pressure both academically and socially; pressures that can become overwhelming for mentees who have experienced trauma, abandonment and other turbulent situations at home. If left unaddressed, these stressors can occupy the brain space necessary for learning.

Ofentimes, the trauma that Son of a Saint's mentees have been exposed to presents itself in the form of significant behavioral challenges at school. When this happens, the school can resort to the recommendation of special education as the necessary intervention, which can create an unnecessary "label" for a child and affect their school placement - and ultimately stifle access to an education and curriculum level that is appropriate for them. Through counseling support and advocacy on behalf of mentees, Son of a Saint ensures proper social-emotional interventions that enable mentees not only avoid "labels", but also progress in school with increased academic achievement, and decreased behavioral concerns.





Tara met one mentee during summer 2019, as he was entering his 6th grade year. While he experienced academic success in his previous school year, he also encountered behavior struggles that inhibited his social-emotional growth. With Tara's guidance, diligent follow-up and thoughtfully consistent communication with his mother and the school's psychologist, Son of a Saint was able to advocate and eventually obtain a functional behavior analysis for the young man in order to avoid misdirected labeling or special education prescriptive diagnosis. Based on the results of the analysis, the mentee and his mother were not only able to avoid the special education diagnosis but also continue to work with the school to provide appropriate interventions and continued counseling to identify behavioral triggers and lead to school successes. He ended his 7th grade year with a 4.0, and, more importantly, received notable praise and positive reinforcement from his teacher about his achievements.

Son of a Saint's mental health services have afforded mentees the opportunity to experience success in school settings, improve their relationships with teachers and friends, and progress academically. This underscores the reason Son of a Saint employs its holistic approach: the issues facing mentees are all interconnected and cannot be viewed in a vacuum.

Thanks to support from Methodist Health System Foundation, Son of a Saint is able to help mentees address underlying mental health challenges, which ultimately enables them to graduate from high school on time and enroll in a postsecondary institution. They will grow up to be leaders, positive contributors to their communities -- and, ultimately, fathers who are present in their own children's lives.

Bivian "Sonny" Lee III
Founder and CEO of Son of a Saint

Emergency Giving

in times of the COVID-19 pandemic

MHSF shifted its community donation program to one of Emergency Donations during COVID-19. Below we highlight a few groups we have supported and continue to support and several "new faces" who pivoted to address community needs in creative ways.

"Amazed, inspired, grateful. That's how your generosity makes us feel. Your gift has blessed our mission to assist us during the COVID-19 crisis and assisted us in providing services for families during this difficult time." Mary Lou Specha, Executive Director

Hotel Hope is a non-profit emergency homeless shelter serving women and children.

Krewe of Red Beans is a Mardi Gras Krewe that "pivoted" to "Feed the Frontline" by providing meals to all major area hospitals. It used meals cooked by local restaurants to help sustain restaurant operations during the pandemic and employed out-of-work musicians to deliver the food. MHSF connected the Krewe of Red Beans with New Orleans East Hospital (NOEH) and provided over 3,000 meals to NOEH.

"Thank you for your contribution to the Volunteers of America Southeast Louisiana's Fresh Food Factor. Your gift creates hope and opportunity for the vulnerable individuals and families we serve. Your generosity allows more than 55,000 people annually to receive life changing help that preserves dignity and improves the quality of life." James LeBlanc, President

Volunteers of America (VOA) Fresh Food Factor provides 10,000 healthy nutritional meals, six days a week across Orleans and Jefferson Parishes to children and families while schools were closed.

"Thanks to your donation more than 1,800 Café Reconcile Alumni continue to receive critical support services needed to keep them safe and stable during these challenging times. Because of you, Reconcile's young people have a place to connect and a path forward. You made that possible. Thank You." Gerald Duhon, Executive Director

Café Reconcile is a non-profit that provides job training and life skills to at-risk youth and operates a student-run restaurant. During "shelter in place" students continue to receive remote counseling and direct relief funding. Students and alum are connected to critical resources and social services.

Louisiana Nurse Practitioner Foundation (LNP Foundation) MHSF provided funding to the LNP Foundation Medication Relief Fund in honor of our MHSF Nurse Practitioners, Dr. Heather Surcouf, Dr. Glenda London, Audra Degan, and Ailenne Coulon. The fund is designed to assist individuals across Louisiana with prescription needs arising following the COVID-19 pandemic and its economic impact. The MHSF donation is earmarked to target the Greater New Orleans area (Orleans, St. Bernard, Jefferson and St. Tammany).

"We are so grateful to have received your very generous donation. Your gift will help provide direct care and guidance for the homeless at-risk youth and children we care for." Donna Slay, Major Gifts Officer

Covenant House provides shelter, safety and structure for youth under age 22. MHSF provided Covenant House emergency support for operations serving an average of 200 homeless youths during this health emergency.

Second Harvest Food Bank raised over \$200,000 in the Day of Giving 2020. MHSF participated with a matching challenge grant to support critical needs for the Food Bank in an unprecedented food crisis. Ongoing community appeal has afforded Second Harvest the capacity to keep pace with the increased food insecurity and community demand.

"We appreciate your recent gift for support of the University of Holy Cross students during the National Emergency due to the COVID-19 pandemic. Investments from friends like you are valuable and your encouragement is particularly heartening for the university." Stanton F. McNeely III, President
University of Holy Cross is a Marianite liberal arts college. MHSF provided support to the Sr. James Dooley Fund for emergency assistance to University of Holy Cross students lacking resources or access to support during the COVID-19 crisis.

Giving Hope is a New Orleans East food pantry. It has increased its capacity to help meet the expanding needs during the COVID-19 crisis. It touches the lives of over 7,500 households with food box distributions and over 20,000 hot meals in one month's time.

"Thank you for your donation to the School of Nursing. We used these funds to support our students launch as new graduates by providing them a tote, mask and poster during the "pin" demic drive-by pinning ceremony. So many proud faces. Thank you." Dr. Ann Carruth, Dean, College of Nursing & Health Sciences, Southeastern Louisiana University.

ViaLink supports the 2-1-1 resource hotline for phone and text. Louisiana Department of Health (LDH) partnered with ViaLink and 2-1-1 to provide updated COVID-19 information resources to the public. A new partnership and program with LDH, LA211 and Volunteers of America will provide contact tracing and assistance. Recently implemented services will help identified individuals with one-on-one case management.

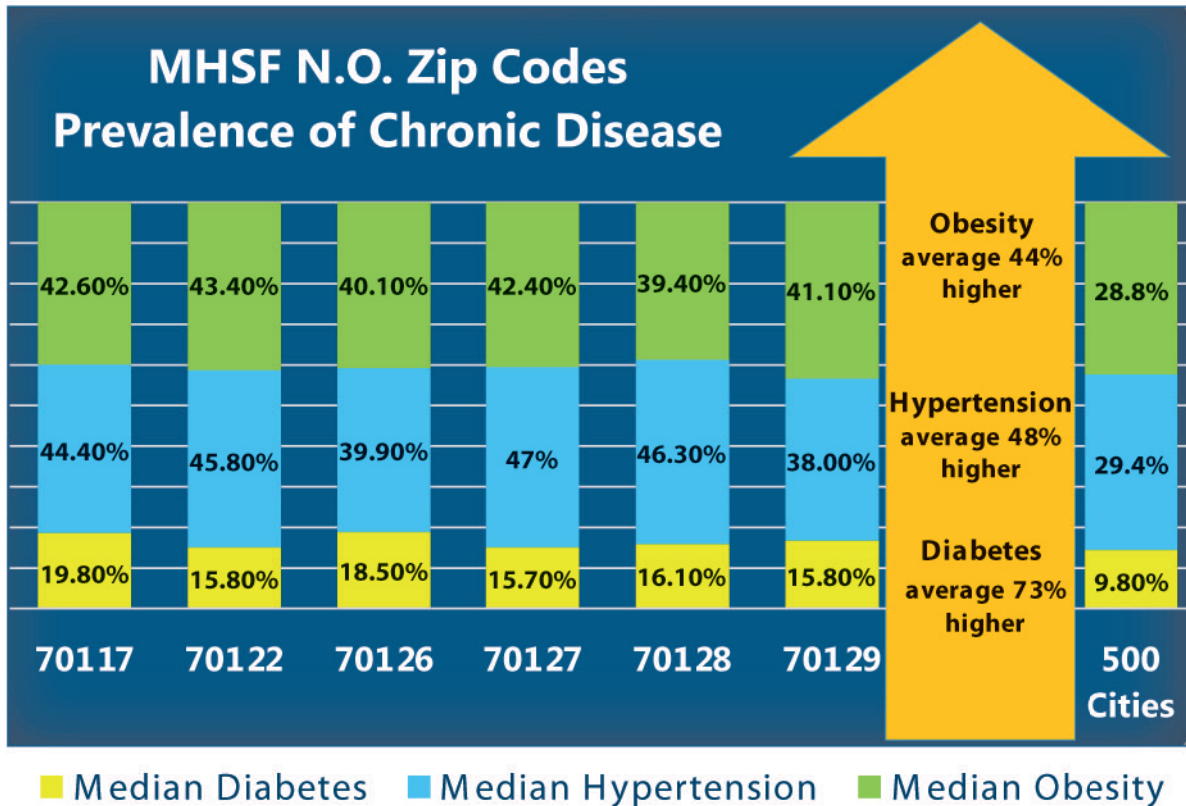
"On behalf of the St. Bernard Sheriff's Office, I would like to thank you for providing lunches to the men and women of our department. We are lucky to be surrounded by such a big family community who are so loyal and caring. Your kindness and support mean the world to us and you have our deepest appreciation." James Pohlmann, St. Bernard Parish Sheriff

St. Bernard Chamber of Commerce - MHSF supported the "Meals For Our Heroes" program for front line law enforcement officers.

"Thank you for helping us help those who cannot quarantine, who daily overcome fear, and who always protect us against threats both seen and unseen. I am grateful for your generosity, your trust, and most importantly, your commitment to our mission of making New Orleans a safer place to live, work and play." Melanie A. Talia, J.D., President & CEO
New Orleans Police and Justice Foundation, Inc. and the Chef's Brigade are serving hot meals to the New Orleans Police Department, New Orleans Emergency Medical Service and other front line professionals with MHSF's donation.

IN 2019-2020, MHSF CONDUCTED A COMMUNITY HEALTH NEEDS ASSESSMENT TO:

- Collect data regarding health needs of our community
- Identify existing service gaps in our community
- Analyze investments in programs that deliver quality services in a cost effective manner with a clear path to sustainability



While this assessment was primarily pre-COVID-19, many observations remain relevant and even highlight some of the health disparities noted during the health crisis.

Source: 500 Cities Project Data, CDC 2015, 2 year modeled estimates

COMMUNITY HEALTH ASSESSMENT FINDINGS—SUMMARY OF NEEDS

CHALLENGES

UNHEALTHY POPULATION

- o Louisiana ranks at or near the bottom for percentage of residents with several chronic diseases within MHSF New Orleans zip codes, especially exhibiting a wide disparity vs. other large cities

LACKLUSTER EMPLOYMENT OPPORTUNITIES FOR “LIVING WAGE” JOBS

- o Limited opportunities result in a cycle of poverty

CONTINUED COMMUNITY SAFETY CONCERNS

- o The Greater New Orleans area continues to have a high rate of violent crime – two times the State average and three times the national average
- o Childhood exposure to violence/trauma can lead to long term poor health outcomes

LIMITED ACCESS TO QUALITY SOCIAL SERVICES

- o New Orleans economy lacks a large corporate and foundation base that funds social programs in other large metropolitan cities
- o Non-profits compete for support from few funding partners

SUCCESSSES

INCREASE IN FEDERALLY QUALIFIED HEALTH CENTERS

- o Emergence of Federally Qualified Health Centers following Hurricane Katrina
- o Increase in quality, accessibility, affordable care throughout the city

COVID-19 PANDEMIC HAS ONLY EXACERBATED THE SITUATION AND CREATED ADDITIONAL NEED FOR SOCIAL SERVICES. OUR PLAN IS TO WORK WITH OUR COMMUNITY PARTNERS TO NAVIGATE THESE DIFFICULT TIMES AND REEXAMINE MHSF FUNDING PRIORITIES DURING FYE 2021.

SOCIAL AND ECONOMIC FACTORS CAN ATTRIBUTE UP TO 40% OF HEALTH OUTCOMES



Income



Education



Employment



Social Support



Community Safety

Source: Social Determinants of Health: County Health Rankings model;
University of Wisconsin Population Health Institute

FOOD – A BASIC NEED, ESPECIALLY DURING COVID-19

Methodist Health System Foundation has invested approximately \$1 Million in programs addressing Food Insecurity. The onset of the COVID-19 pandemic created a dire need for food for many throughout the Greater New Orleans area with the rapid closure of schools and businesses resulting in large layoffs. Many students eat 1-2 meals at school every day and a large number of families in our community live paycheck to paycheck. Disruption in pay can mean the difference between eating and not eating. As we spoke to our grantees at the beginning of “Shelter in Place”, we learned that the immediate need was food, regardless of the program that the organization operated.



We continued to support our long term partner – Giving Hope – The Food Pantry – the largest food pantry in New Orleans East. Since the beginning of 2020, Giving Hope has seen a constant increase in monthly clients with the closure of another large nearby food pantry, but the onset of COVID-19 resulted in staggering need and number of people served.

Giving Hope’s choice food pantry moved to a drive through “nutrition box” offering. Hot meals served to seniors in community settings for socialization moved to delivery of individual hot meals to prevent infection spread. Giving Hope continues to rise to the occasion of meeting food distribution needs in our community.

MHSF Food Distributing Partners



ST. BERNARD

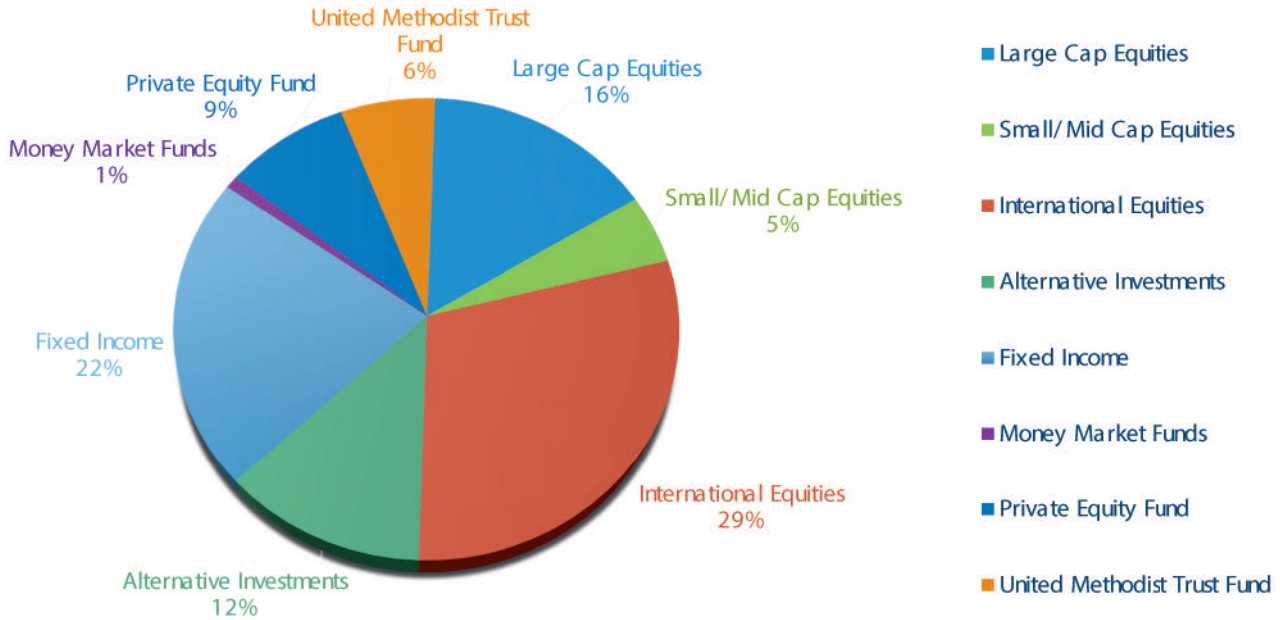


Krewe of Red Beans

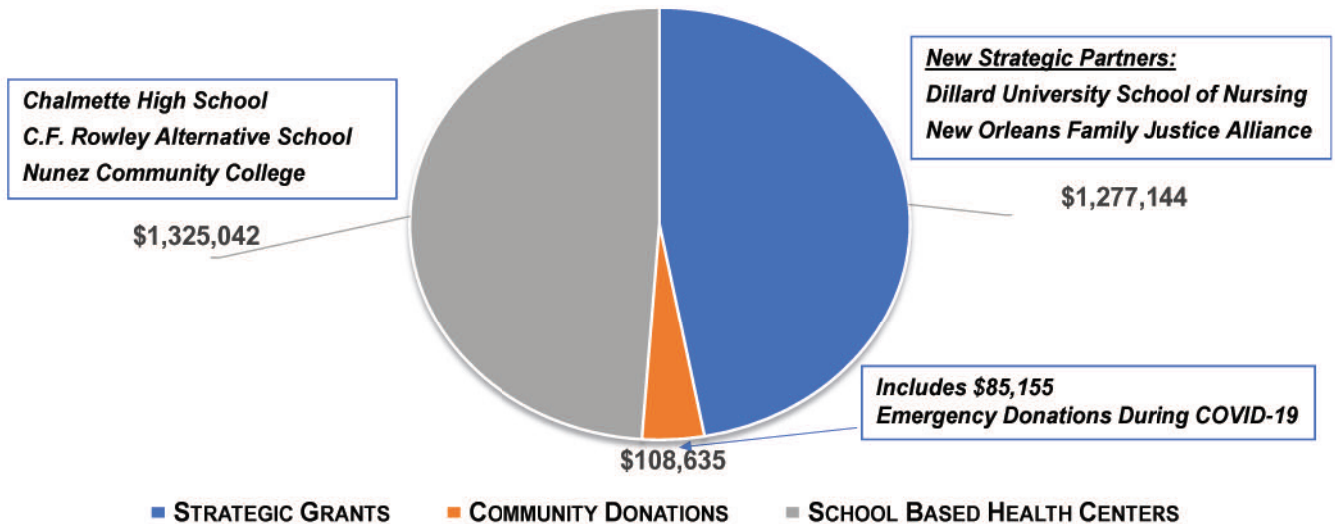


Investment Portfolio

6/30/20 Market Value \$66.67 Million



**2019-2020 COMMUNITY INVESTMENT OF \$2.7 MILLION
IN SCHOOL BASED HEALTH CENTERS AND GRANT PROGRAMS**



The background of the entire page is a close-up photograph of magnolia leaves and a flower bud. The leaves are dark green and glossy, with prominent veins. A single, light-colored flower bud is visible in the lower right quadrant. The overall lighting is soft, highlighting the texture of the leaves.

MHSF

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FOUNDATION, INC.**

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